

Yui Watkins

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SUMMARY

Registered Nurse and hospital case management professional with five years of **clinical experience** across **adult medical surgical** and complex inpatient populations, including more than two years coordinating transitions, utilization review, care planning, and resource planning. Assesses health needs, identifies discharge barriers, develops individualized plans, monitors progress, and evaluates service options for safe, quality focused, cost conscious outcomes. Applies **age specific competency**, utilization management principles, reimbursement awareness, medical literature, research methodology, critical thinking, and data review in complex hospital settings. Communicates clearly with physicians, nurses, therapists, social services, leaders, patients, families, payers, and community providers. Uses **hospital information systems**, spreadsheets, statistical functions, and word processing for reliable documentation and decision support. Brings practical experience influencing multidisciplinary decisions and can support patient centered care coordination across varied populations.

EXPERIENCE

RN Case Manager, Adult Inpatient Case Management

June 2024 - Present

Cumberland Valley Medical Center

Nashville, TN

Leads concurrent **case management** for adult inpatients, connecting clinical assessment, utilization review, discharge planning, reimbursement awareness, and community resources. Supports multidisciplinary decisions, tracks care progression, and documents recommendations across hospital information systems.

- Built individualized plans from clinical assessment, utilization criteria, and community resource reviews.
- Escalated discharge barriers through physician, nursing, therapy, social service, and payer discussions.
- Documented **level of care** rationale using **utilization management** and reimbursement knowledge.
- Matched post acute services with **chronic disease**, functional, family, and clinical needs.
- Tracked referral status and avoidable delays through **spreadsheet analysis** and **statistical functions**.
- Resolved difficult care progression decisions through concise interdisciplinary communication and patient focused planning.

Registered Nurse, Adult Medical Surgical Care

July 2022 - May 2024

Volunteer Regional Hospital

Franklin, TN

Delivered direct nursing care for adult medical surgical patients with varied acuity while building broad assessment, education, documentation, and transition planning capability. Supported **case management** referrals and coached newer nurses on complex discharge workflows.

- Delivered age specific care for **adult medical surgical** patients with varied acuity and changing needs.
- Initiated referrals after identifying clinical and social barriers affecting **discharge readiness**.
- Synthesized **laboratory findings**, physician plans, nursing assessments, and treatment responses for escalation.
- Prepared families for medications, **follow up needs**, **warning signs**, equipment, and post acute services.
- Recorded assessments, interventions, education, and responses in electronic health records.
- Guided newer nurses through complex discharge workflows and multidisciplinary communication.

Registered Nurse, Adult Inpatient Services

June 2021 - June 2022

Riverbend Community Hospital

Clarksville, TN

Managed daily nursing care for adult medical, surgical, and chronic health conditions, developing broad population competency and sound clinical prioritization. Coordinated diagnostic, treatment, mobility, home support, documentation, and transition needs across **hospital departments**.

- Prioritized nursing care for adult medical, surgical, and chronic inpatient conditions.
- Coordinated diagnostic, treatment, mobility, and home support needs with ancillary departments.
- Escalated changes in patient condition through **critical thinking** and established **clinical protocols**.
- Educated caregivers on medications, follow up care, recovery expectations, and warning signs.
- Maintained electronic documentation that supported **handoffs**, **utilization review**, and interdisciplinary planning.
- Reviewed discharge and **readmission** cases to identify resource use and transition gaps.

PROJECTS

Care Progression Delay Review 📅 2025

Reviewed referral status and avoidable delay patterns through spreadsheet analysis, supporting clearer case management reporting and follow up decisions.

Adult Transition Support Framework 📅 2024

Created a practical transition review approach connecting clinical findings, family constraints, post acute services, and patient education needs.

LEADERSHIP & AWARDS

- Accredited Case Manager recognition received for focused clinical coordination and sound transition planning, 2025.
- Unit recognition received for supporting newer nurses with complex discharge workflows and interdisciplinary communication.
- Leadership contribution included participation in discharge and readmission case reviews that identified preventable transition gaps.

EDUCATION

Bachelor of Science in Nursing

2021

Middle Tennessee State University GPA: 4.0

Murfreesboro, TN

Coursework: Adult health nursing, community health, pharmacology, nursing research

CERTIFICATIONS

- Accredited Case Manager 📅 2025
- Registered Nurse, Tennessee 📅 2026
- Basic Life Support 📅 2026

TECHNICAL SKILLS

- **Clinical Assessment:** Adult assessment, Age specific assessment, Patient acuity review
- **Case Management:** Care planning, Service coordination, Transition planning
- **Utilization Management:** Level of care review, Utilization criteria, Concurrent review
- **Discharge Planning:** Post acute referrals, Barrier identification, Readmission review
- **Health Care Systems:** Hospital operations, Delivery systems, Reimbursement issues
- **Clinical Documentation:** Electronic health records, Clinical rationale, Progress notes
- **Data Analysis:** Spreadsheet analysis, Statistical functions, Referral tracking
- **Office Technology:** Word processing, Office equipment, Information systems
- **Clinical Research:** Medical literature, Research methodology, Evidence review
- **Communication Methods:** Verbal communication, Written communication, Interdisciplinary coordination
- **Patient Populations:** Adult patients, Chronic disease, Functional limitations

SKILLS

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|----------------------|---------------------------|--------------------------|---------------------------|
| • Case management | • Clinical assessment | • Problem solving | • Reimbursement awareness |
| • Utilization review | • Age specific competency | • Data management | • Research methodology |
| • Care coordination | • Adult inpatient care | • Clinical communication | • Statistical functions |
| • Discharge planning | • Critical thinking | • Resource planning | |

PROFESSIONAL AFFILIATIONS

- Tennessee Nurses Association, professional nursing member.
- Case Management Society of America, case management professional member.

LANGUAGES

- English (Native)
- Spanish (Intermediate)

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST