

Elijah Juarez

Class A CDL Truck Driver

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📍 Cedar Rapids, IA 52402

STRENGTHS

- ♥️ **Safety First**
Pre trip checks and freight securement became steady habits, helping keep routes, customers, and equipment protected.
- 🚛 **Route Reliability**
Daily assignments stayed organized through clear dispatch updates, accurate records, and careful schedule management.
- 📦 **Freight Handling**
Two wheeler and lift gate work supported safe touch freight delivery, even when cases varied in size and weight.
- 🗣️ **Clear Communication**
When route or equipment questions surfaced, timely conversations helped dispatch and customers make practical decisions.
- 📄 **Documentation**
Electronic logs, delivery records, returns, and check in paperwork stayed complete, legible, and ready for review.

SKILLS

CDL A Tractor Trailer Operations
DOT Regulations Intrastate Driving
Interstate Driving
Pre Trip Inspections
Post Trip Inspections
Hours of Service Electronic Logs
PeopleNet POD Scanning
Freight Securement Touch Freight
Line Haul Foodservice Distribution

LANGUAGES

English Native

SUMMARY

Class A CDL Truck Driver with 3 years of **commercial driving experience** across foodservice and regional distribution routes. Operates tractor trailers safely on intrastate and interstate routes while following DOT regulations, **hours of service** requirements, and safe driving practices. Completes pre trip and **post trip inspections**, reports equipment concerns, verifies freight securement, and maintains accurate delivery records. Handles touch freight, line haul assignments, customer returns, damaged goods, dock positioning, trailer connections, two wheeler use, and lift gate operations. Uses electronic logs, onboard computers, PeopleNet, and point of delivery scanning for dependable route documentation. Communicates clearly with dispatch, warehouse teams, vendors, customers, and **driver check in** staff. Brings practical foodservice distribution experience, a valid CDL A, and a current DOT Health Card to daily route execution.

EXPERIENCE

Class A CDL Delivery Driver

Heartland Food Logistics 📅 August 2024 - Present 📍 Cedar Rapids, IA

Operates daily foodservice distribution routes across Iowa and neighboring states. Supports touch freight delivery, route documentation, customer returns, equipment safety, and communication with dispatch, warehouse teams, vendors, and customers.

- Operated foodservice **tractor trailer** routes across Iowa and neighboring states, meeting daily delivery schedules safely.
- Completed pre trip and post trip inspections, reporting defects before equipment entered service.
- Delivered touch freight with a **two wheeler** and **lift gate**, protecting product during customer unloading.
- Recorded hours of service through **electronic logs** and maintained complete route paperwork each shift.
- Processed **customer returns** and damaged goods through **point of delivery** scanning, preserving accurate records.
- Coordinated with dispatch, warehouse teams, vendors, and customers when route or equipment issues arose.

Class A CDL Truck Driver

Midwest Regional Carriers 📅 October 2023 - July 2024 📍 Waterloo, IA

Drove regional distribution routes across intrastate and interstate corridors. Supported scheduled deliveries and line haul movements through safe equipment handling, freight documentation, trailer preparation, returns processing, and clear operational communication.

- Drove **intrastate** and **interstate** tractor trailer routes for regional distribution customers and scheduled deliveries.
- Connected preloaded trailers at **loading docks**, verified **freight securement**, and locked equipment before departure.
- Completed DOT inspections and reported mechanical concerns through maintenance channels before route assignment.
- Maintained **hours of service** logs and shipment paperwork using an onboard computer each shift.
- Managed customer returns, trailer cleanup, and material removal, preparing equipment for subsequent loading.
- Communicated route status with dispatchers, dock personnel, and customer contacts during **line haul** operations.

PROJECTS

Foodservice Route Delivery Operations 📅 2026

Supported daily foodservice route execution through touch freight handling, lift gate use, customer documentation, returns processing, and safe delivery practices across Iowa and neighboring states.

MY CAREER



- Class A CDL Delivery Driver at Heartland Food Logistics (2.2 Years)
- Class A CDL Truck Driver at Midwest Regional Carriers (9 Months)

Regional Line Haul Equipment Readiness 📅 2024

Coordinated preloaded trailer connections, dock movements, freight securement, equipment checks, hours of service records, and end of shift trailer preparation.

LEADERSHIP & AWARDS

- Maintained a clean safety focused driving record through 3 years of commercial route operations.
- Earned practical trust from dispatch, warehouse teams, vendors, and customers through consistent route communication.
- Supported dependable daily delivery execution across foodservice, regional distribution, touch freight, and line haul routes.

EDUCATION

High School Diploma

Jefferson High School 🎓 GPA: 3.0 📅 2023 📍 Cedar Rapids, IA

Coursework: Driver safety, mathematics, communication, workplace readiness

CERTIFICATIONS

- Commercial Driver's License, Class A 📅 2023
- DOT Health Card 📅 2026

TECHNICAL SKILLS

- **Commercial Driving:** CDL A, tractor trailers, intrastate routes
- **DOT Compliance:** DOT regulations, hours of service, safety requirements
- **Equipment Inspections:** Pre trip inspections, post trip inspections, defect reporting
- **Electronic Logs:** PeopleNet, onboard computers, electronic log systems
- **Delivery Scanning:** POD scanning, point of delivery records, handheld scanners
- **Freight Handling:** Touch freight, case handling, freight stacking
- **Delivery Equipment:** Two wheeler, lift gate, loading docks
- **Freight Securement:** Trailer securement, equipment locks, trailer doors
- **Distribution Operations:** Foodservice distribution, regional distribution, line haul
- **Documentation Systems:** Freight paperwork, return records, driver check in

PROFESSIONAL AFFILIATIONS

- Foodservice distribution operations, supporting customer deliveries and freight handling across regional routes.
- Commercial transportation operations, coordinating with dispatch, dock teams, maintenance staff, and customer contacts.

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST