

Reagan Henson

Clinical Nurse I, Cardiac Surgery Intermediate Care

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STRENGTHS

- ♥ **Clinical Assessment**
Head to toe assessment and trend review helped identify postoperative changes during supervised cardiac shifts.
- 🗣 **Patient Communication**
Clear education about mobility and symptom reporting helped patients and families feel prepared for recovery.
- 📋 **Structured Escalation**
SBAR practice gave urgent conversations a clear shape, helping preceptors quickly understand concerns.
- ♥ **Device Safety**
Chest tube and central line checks reinforced careful observation, and peers often sought reminders during lab.
- 📖 **Evidence Based Practice**
Capstone review connected research with bedside priorities, making complex cardiac findings easier to discuss.

SKILLS

Patient assessment

Nursing diagnosis Care planning

Chest tubes Central lines

Arterial lines

Temporary pacemakers

Vasoactive drips

Postoperative monitoring

Cardiac surgery care

Thoracic surgery care

Intermediate care Acute care

SBAR communication

Electronic documentation

SUMMARY

New graduate Registered Nurse prepared for cardiac and thoracic **intermediate care** through supervised clinical practice, simulation, and evidence based nursing projects. Completed a **Bachelor of Science in Nursing** in 2026 and hold current **New Hampshire RN licensure**, with focused preparation in patient assessment, nursing diagnosis, **outcome identification**, care planning, implementation, evaluation, documentation, and recognition of changing patient conditions. Clinical learning included postoperative monitoring, chest tube assessment, central line safety, arterial line concepts, temporary pacemaker observation, and vasoactive medication principles. Patient and family communication developed through education, structured handoff, and interdisciplinary collaboration. Prepared to build cardiac surgery capability through nurse residency while providing safe, accountable care for patients and families.

EDUCATION

Bachelor's Degree in Nursing

Southern New Hampshire University 🎓 GPA: 4.0 📅 2026 📍 Manchester, NH

Coursework: Cardiac nursing, thoracic nursing, pharmacology, nursing research

TECHNICAL SKILLS

- **Nursing Process:** Assessment, nursing diagnosis, outcome identification
- **Care Planning:** Planning, implementation, evaluation
- **Cardiac Devices:** Chest tubes, temporary pacemakers, central lines
- **Hemodynamic Monitoring:** Arterial lines, vital signs, trend recognition
- **Medication Safety:** Vasoactive drips, dose checks, response monitoring
- **Clinical Communication:** SBAR, structured handoff, escalation
- **Documentation Systems:** Electronic records, clinical documentation, confidentiality
- **Postoperative Care:** Cardiac surgery, thoracic surgery, acute care
- **Patient Education:** Mobility teaching, pulmonary hygiene, discharge preparation
- **Nursing Standards:** Nursing research, nursing theory, state requirements

EXPERIENCE

Cardiac and Thoracic Nursing Practicum Student

University Clinical Practicum 📅 January 2026 - May 2026 📍 Manchester, NH

Completed supervised clinical practice with cardiac and thoracic surgery patients, focusing on postoperative **assessment**, documentation, care **planning**, patient education, and escalation. Worked with nurse preceptors and interdisciplinary team members in a structured learning environment.

- Completed head to toe assessments and vital sign trending during supervised **cardiac surgery** shifts.
- Tracked chest tube drainage and central line findings, reporting changes through structured clinical communication.
- Compared postoperative findings with expected recovery patterns, then escalated concerns through **SBAR** handoff.
- Created nursing care plans connecting diagnoses, outcomes, interventions, and **evaluation** findings for surgical **patients**.
- Provided patient and family education about mobility, pulmonary hygiene, incision protection, and symptom reporting.
- Entered supervised assessments and care documentation in electronic records, supporting confidentiality and continuity.

Cardiac Intermediate Care Simulation Student

Student Lab 📅 September 2025 - December 2025 📍 Manchester, NH

LANGUAGES

English	Native
Spanish	Intermediate

MY CAREER



- Cardiac and Thoracic Nursing Practicum Student at University Clinical Practicum (4 Months)
- Cardiac Intermediate Care Simulation Student at Student Lab (3 Months)
- Cardiac Surgery Nursing Capstone Student at Capstone Project (3 Months)

- Developed supervised readiness for a cardiac **intermediate care** setting through postoperative deterioration simulations, bedside equipment practice, medication safety exercises, and structured debriefing. Applied clinical reasoning within student scope while receiving faculty feedback.
- Managed postoperative deterioration simulations using focused **assessment** and trend recognition for timely escalation.
 - Practiced arterial line, temporary pacemaker, chest tube, and central line monitoring with simulation equipment.
 - Applied medication safety **principles** during vasoactive drip scenarios, checking calculations and response expectations.
 - Performed SBAR handoffs during urgent changes, presenting concise clinical context and requested actions.
 - Completed debriefs connecting nursing interventions with outcomes, prioritization, documentation, and communication improvements.
 - Demonstrated infection prevention and line safety checks during simulated postoperative care scenarios.

Cardiac Surgery Nursing Capstone Student

Capstone Project 📅 January 2026 - April 2026 📍 Manchester, NH

- Completed an academic nursing project on early recognition of deterioration after **cardiac surgery**. Reviewed evidence, developed a student decision guide, gathered peer feedback, and presented findings to faculty and classmates.
- Reviewed evidence on hemodynamic changes, respiratory compromise, chest tube findings, and rhythm concerns.
 - Built case based pathways linking assessment cues with nursing priorities and reassessment points.
 - Evaluated decision guide usability through faculty review and peer simulation with six nursing students.
 - Revised prompts after structured feedback, improving clarity for supervised **intermediate care** learning.
 - Presented evidence based **assessment** and standardized communication practices to nursing faculty and classmates.
 - Produced a cited reference document with clinical terminology and documentation reminders for student learning.

PROJECTS

Postoperative Deterioration Decision Guide 📅 2026

Created a case based academic guide connecting cardiac surgery assessment cues with nursing priorities, escalation steps, communication, and reassessment.

Cardiac Intermediate Care Simulation Series 📅 2025

Practiced recognition of postoperative changes, device monitoring, medication safety, and SBAR communication through supervised cardiac care simulations.

LEADERSHIP & AWARDS

- Dean's List, recognized for sustained academic achievement from 2024 through 2026.
- Nursing Clinical Excellence Recognition, awarded for strong supervised clinical performance in 2026.
- Senior Capstone Presentation Recognition, honored for clear evidence based nursing communication in 2026.

CERTIFICATIONS

- Registered Nurse, New Hampshire 📅 2026
- Basic Life Support, American Heart Association 📅 2026
- Advanced Cardiovascular Life Support, American Heart Association 📅 2026

PROFESSIONAL AFFILIATIONS

- Student Nurses Association, Peer Skills Lab Mentor.
- Campus Health Education Volunteer, supporting practical health education activities.

- Nursing Simulation Peer Practice Group, contributing to collaborative clinical preparation.

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST