

Andres Mosley

Direct Care Worker I

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📍 Worcester, MA 01608

STRENGTHS

- ♥ **Person Centered Support**
During practicum simulations, centered daily routines on stated preferences. Small choices helped participants retain dignity and control.
- ♥ **Clear Documentation**
De identified case notes captured observable facts and next steps. Instructors valued concise records that supported safer follow up.
- 🚦 **Calm Crisis Awareness**
Role play required pausing before reacting, then escalating concerns appropriately. That practice strengthened steady communication under pressure.
- 👥 **Community Inclusion**
Class projects connected recreation and appointments with transportation planning. Peer feedback showed plans felt more realistic and welcoming.
- ✔ **Safety Mindset**
Health and safety labs made preparation feel practical. Checklists supported safer mobility assistance, emergency response, and routine care.

SKILLS

Individual Service Plans

Activities of Daily Living

Person Centered Support

Intellectual Disabilities

Autism Awareness

Behavioral Observation

Habilitative Activities

Community Inclusion

Confidentiality Human Rights

Crisis Awareness Documentation

Mobility Assistance CPR First Aid

SUMMARY

Early career human services candidate with supervised practice supporting individuals with **intellectual and developmental disabilities**, including **Autism Spectrum Disorder**, in structured academic settings. Completed hands on simulations involving Individual Service Plan objectives, **activities of daily living**, hygiene, meal preparation, household upkeep, budgeting, recreation, socialization, transportation planning, community inclusion, and mobility awareness. Practiced objective documentation, confidentiality, human rights, ethical support, behavioral observation, crisis awareness, de escalation, and supervisor communication. Holds a current **Class D Motor Vehicle Operator's License** and student level CPR and First Aid training. Coursework and labs introduced Medication Administration Program concepts, safe support boundaries, and emergency readiness. Communicates clearly in English, respects personal choice, and brings schedule flexibility for community based and residential services.

EDUCATION

Associate of Science in Human Services

Central Valley Community College 🎓 GPA: 3.5 📅 2026 📍 Worcester, MA

Coursework: *Intellectual and developmental disabilities, human rights and ethics, crisis awareness, community support*

TECHNICAL SKILLS

- **Direct Care Support:** Individual Service Plans, habilitative programming, recreational programming
- **Daily Living Support:** Self care, hygiene support, household upkeep
- **Community Skills:** Food shopping, meal preparation, budgeting
- **Behavioral Support:** Behavioral observation, crisis intervention, de escalation
- **Health and Safety:** CPR, First Aid, safe mobility assistance
- **Documentation:** Confidential records, objective observations, transcription
- **Rights and Ethics:** Human rights, confidentiality, ethical support
- **Transportation:** Class D license, appointment transportation, community travel
- **Medication Support:** Medication Administration Program, medication boundaries, training readiness
- **Service Coordination:** Supervisor communication, review meetings, support objectives

EXPERIENCE

Direct Care Support Practicum

University Project 📅 January 2026 - September 2026 📍 Worcester, MA

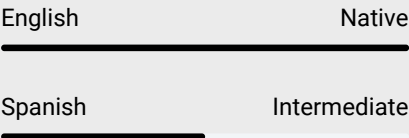
Supervised practicum focused on person centered support, **Individual Service Plan** concepts, daily living routines, documentation, **behavioral observation**, and safe community participation for simulated clients.

- Translated sample Individual Service Plans into structured daily living and recreation activities under supervision.
- Recorded objective observations from de identified scenarios while protecting confidentiality and **human rights**.
- Practiced **hygiene**, meal preparation, household routines, budgeting, and **mobility assistance** through supervised simulations.
- Selected crisis escalation and de escalation steps during structured role play with instructor feedback.
- Presented a case plan linking preferences, **transportation**, community access, and measurable support objectives.

Community Living Skills Project

Course Project 📅 September 2025 - December 2025 📍 Worcester, MA

LANGUAGES



MY CAREER



- Direct Care Support Practicum at University Project (8 Months)
- Community Living Skills Project at Course Project (3 Months)
- Direct Support Health and Safety Lab at Student Lab (4 Months)

Academic project developed practical community living exercises covering inclusion, transportation, **appointments**, budgeting, food planning, communication, mobility awareness, and participant autonomy.

- Designed accessible recreation and **socialization** options around individual preferences and support needs.
- Mapped transportation and appointment scenarios with safe scheduling, documentation, and communication steps.
- Created **budgeting** and grocery planning exercises balancing choice, nutrition, funds, and household routines.
- Reviewed limited mobility cases and identified when trained lifting support or supervisor guidance was needed.
- Applied plain language communication during peer simulations, preserving autonomy and confirming understanding.

Direct Support Health and Safety Lab

Student Lab 📅 January 2025 - May 2025 📍 Worcester, MA

Supervised health and safety lab sequence covering CPR, First Aid, shift readiness, documentation, medication support boundaries, mobility awareness, and emergency communication.

- Completed CPR and First Aid practice relevant to community support and **residential settings**.
- Prioritized safety checks, appointment preparation, routine documentation, and supervisor communication during shift simulations.
- Documented behavioral changes objectively for escalation to an instructor acting as supervisor.
- Distinguished trained medication administration from uncredentialed tasks while reviewing MAP concepts.
- Completed competency checklists supporting readiness for employer training and **24 hour** service environments.

PROJECTS

Community Inclusion Planning 📅 2025

Worked with classmates to build accessible recreation, transportation, budgeting, and socialization plans. Listening first helped preserve participant choice and made each proposed activity more practical.

Person Centered Case Plan 📅 2026

Collaborated during faculty reviewed case planning by connecting Individual Service Plan objectives with daily routines, community access, crisis awareness, and respectful documentation.

LEADERSHIP & AWARDS

- Dean's List, 2025
- Human Services Student Achievement Award, 2026
- Community Service Recognition, 2026

CERTIFICATIONS

- Class D Motor Vehicle Operator's License 📅 2026
- CPR and First Aid Training Certificate 📅 2026

PROFESSIONAL AFFILIATIONS

- Peer Mentor, Human Services Student Program, 2025 to 2026
- Campus Community Service Volunteer, 2025 to 2026

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST