



Ariya Palmer

Instructional Assistant II, Special Education

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SUMMARY

Special education instructional support professional with three years of experience serving students with mild to moderate and moderate to severe learning, emotional, behavioral, and physical support needs. Reinforces IEP aligned instruction for individuals and small groups across reading, writing, **mathematics**, language, science, history, and functional skills. Collects progress and behavior data, adapts materials, and supports motor development, independence, social learning, vocational preparation, and classroom participation. Provides **positive reinforcement**, approved behavior responses, personal care, feeding, toileting, mobility support, **health monitoring**, and emergency response within established protocols. Maintains **confidential records**, organized learning spaces, supplies, and clear communication with teachers and service providers. Current First Aid and CPR certification supports safe, respectful student care.

EXPERIENCE

Special Education Instructional Assistant

Bright Path Learning Center 📅 August 2024 - Present 📍 Sacramento, CA

Supports students with varied learning, emotional, behavioral, and physical needs through instruction, personal care, health monitoring, behavior support, and accurate progress records. Coordinates daily priorities with supervising teachers and service providers while maintaining safe, orderly classroom operations.

- Reinforced IEP aligned **reading** and mathematics lessons for small groups using adapted classroom materials.
- Collected daily progress and behavior data, giving teachers current information for instructional decisions.
- Used positive reinforcement and **redirection** during challenging moments, helping students return safely to learning.
- Provided feeding, **toileting**, grooming, **positioning**, and mobility support with dignity and established procedures.
- Monitored student health needs and followed emergency protocols for **seizures** and respiratory concerns.
- Maintained confidential records, supplies, **classroom equipment**, and orderly learning spaces for dependable operations.

Special Education Classroom Practicum Assistant

Inclusive Education Practicum 📅 January 2024 - June 2024 📍 Sacramento, CA

Completed supervised classroom support for students with disabilities, adapting instruction, facilitating motor activities, recording behavior observations, and coordinating safety practices with certificated educators. Practicum work strengthened skills in inclusive instruction, student independence, and consistent classroom routines.

- Adapted reading and **writing** materials for individual learners during supervised inclusive classroom instruction.
- Supported fine motor, gross motor, **eye hand coordination**, and **independent living** activities.
- Recorded behavior observations and student responses, helping supervising educators adjust classroom supports.
- Used calm redirection and **positive reinforcement** during social learning and group transitions.
- Supervised classroom, outdoor, recreational, and **physical education** activities under teacher direction.
- Organized instructional **materials**, records, and classroom spaces after daily student activities.

Student Support Aide

Community Youth Support Program 📅 June 2023 - December 2023 📍 Sacramento, CA

STRENGTHS

📖 **Instructional support**
Adapted reading and mathematics activities for individual learners, and teachers valued clear follow through during busy classroom periods.

❤️ **Behavior support**
Used positive reinforcement and calm redirection during challenging moments, helping students regain focus and classroom participation.

👤 **Personal care**
Provided feeding, toileting, grooming, and positioning support with patience, dignity, and respect for each student's routine.

🏥 **Health response**
Monitored health needs and followed established emergency procedures; steady preparation helped staff respond with confidence.

👥 **Team coordination**
Shared concise observations with teachers and service providers, becoming a reliable source for daily student updates.

SKILLS

Special education support

IEP implementation

Small group instruction

Behavior modification

Positive reinforcement

Data collection Personal care

Feeding and toileting

Motor support

Independent living skills

Classroom safety

Confidential records

Clerical support Health monitoring

Student supervision

LANGUAGES

English Native

Spanish Intermediate

MY CAREER



● Special Education
Instructional Assistant at Bright
Path Learning Center (2.2 Years)

● Special Education
Classroom Practicum Assistant
at Inclusive Education Practicum
(5 Months)

● Student Support Aide at
Community Youth Support
Program (6 Months)

Provided supervised academic, social, and safety support for youth in an organized community setting. Guided homework, literacy, mathematics, social learning, and structured activities while recording participation and communicating relevant concerns with program staff.

- Guided homework and literacy practice for youth needing patient, step by step academic support.
- Supported **mathematics** activities using clear examples and brief checks for student understanding.
- Facilitated social learning activities that encouraged respectful communication and cooperative participation.
- Supervised recreational and outdoor activities, responding promptly to safety concerns and changing needs.
- Recorded attendance, participation, and activity notes for consistent communication with program staff.
- Maintained **supplies**, learning materials, and orderly activity areas throughout each program session.

PROJECTS

Inclusive Learning Support Initiative 📅 2024

Adapted classroom activities for varied learning needs, paired instruction with behavior observation, and organized progress notes for educator review.

Functional Skills Practice Program 📅 2024

Supported motor coordination, self help routines, social learning, and classroom independence through supervised daily activities.

LEADERSHIP & AWARDS

- Dean's List, Sacramento City College, 2023
- Student Service Recognition, Sacramento City College, 2024
- Peer Tutor Leadership Recognition, Education Learning Community, 2024

EDUCATION

Associate of Arts in Education

Sacramento City College 🎓 GPA: 3.8 📅 2024 📍 Sacramento, CA

Coursework: *Special education support, child development, classroom management, educational psychology*

CERTIFICATIONS

- First Aid and CPR 📅 2026
- Every Student Succeeds Act Paraprofessional Requirements 📅 2024

TECHNICAL SKILLS

- **Instructional Areas:** Reading, writing, mathematics
- **IEP Support:** IEP implementation, progress data, adapted materials
- **Behavior Support:** Positive reinforcement, redirection, behavior observation
- **Personal Care:** Feeding, toileting, grooming
- **Health Support:** First Aid, CPR, seizure response
- **Motor Development:** Fine motor, gross motor, eye hand coordination
- **Life Skills:** Independent living, self help, vocational skills
- **Classroom Operations:** Classroom supervision, activity setup, supply management
- **Records Management:** Confidential records, time accounting, progress documentation
- **Technology Equipment:** Computers, classroom software, copiers

PROFESSIONAL AFFILIATIONS

- Peer Tutor, Education Learning Community, 2023 to 2024
- Volunteer Reading Mentor, Campus Community Literacy Program, 2023 to 2024

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST