Aisha Rodgers

Licensed Physical Therapist Assistant

(214) 555-0123 aisha.rodgers@email.com
linkedin.com/in/aisha-rodgers 123 Main Street, Plano, TX 75075

STRENGTHS

Patient-Centric Care
Commitment shown by tailoring therapy programs specifically suited to individual patient needs, leading to significant mobility gains.

Effective Communication
Played an active role in bridging conversations between patients and care teams resulting in enhanced patient outcomes.

Collaboration
Worked side-by-side with interdisciplinary teams consistently, fostering trust, support, and a shared vision for health improvements.

Educational Empowerment
Passionately engaged families in understanding therapy techniques, nurturing independence and confidence in recovery journeys.

Research and Innovation
Drove success through pro-active research contributions, enhancing treatment methodologies in clinical practice settings.

SKILLS

Patient Care | Therapeutic Exercises | Documentation and Reporting | Collaboration and Communication | Patient Education | Rehabilitation Techniques

LANGUAGES

English — Native

Spanish — Intermediate

SUMMARY

Dedicated and compassionate Licensed Physical Therapist Assistant with extensive hands-on experience providing therapeutic care to diverse patient populations. Proficient in implementing individualized treatment plans focusing on restoring mobility while enhancing patient independence. Strong background in collaborating with multidisciplinary teams, leading to optimal patient outcomes. Committed to ongoing professional development and patient education, ensuring effective recovery processes. Passionate about improving patient lives through tailored care and personal connections.

EDUCATION

Associate Degree in Physical Therapy

Dallas Community College GPA: 4.0 2026 Dallas, TX

Coursework: *Anatomy, Kinesiology, Patient Care Techniques, Rehabilitation*

TECHNICAL SKILLS

- **Electronic Medical Records:** Epic, Cerner, Meditech
- **Rehabilitation Equipment:** TENS, Ultrasound, Exercise Bands
- **Assessment Methods:** Goniometry, Functional Mobility Analysis, Pain Scales
- **Communication Tools:** Slack, Microsoft Teams, Zoom
- **Education Materials Design:** PowerPoint, Canva, Google Docs
- **Physical Therapy Techniques:** Manual Therapy, Therapeutic Exercises, Heat Application
- **Patient Monitoring Systems:** Wearable Devices, Progress Tracking Software, Safety Protocols
- **Collaboration Strategies:** Team Huddles, Scheduled Check-Ins, Collaborative Goal Setting
- **Research Methodologies:** Qualitative Analysis, Case Studies, Randomized Trials
- **Analytical Software:** SPSS, Tableau, Excel Data Analysis

EXPERIENCE

Physical Therapy Assistant

University Project January 2026 - Present Remote

Role encompasses assisting certified therapists in delivering quality care under structured protocols, serving a range of patients requiring rehabilitation. Collaborative efforts aim for improved mobility outcomes.

- Assisted in developing and implementing personalized therapy plans for post-surgery patients, culminating in notable improvements in mobility outcomes.
- Delivered therapeutic exercises and functional training, positively impacting mobility scores among patients.
- Monitored and documented patient progress meticulously, adhering closely to safety protocols.
- Collaborated with healthcare professionals to enhance communication and care strategies, thus boosting patient satisfaction ratings.
- Educated families on the implementation of post-treatment exercises and utilization of assistive devices, promoting greater patient independence.
- Engaged actively in team discussions regarding patient progress, fostering an environment focused on excellence.

Physical Therapy Research Assistant

Capstone Project September 2025 - December 2025 Remote

Supported faculty in research focused on evaluating physical therapy techniques and their efficacy in recovery times. This effort contributed notably to academic discourse in the field.

- Conducted comprehensive research analyzing physical therapy techniques on post-operative patient recovery timelines, contributing findings to a peer-reviewed journal.

MY CAREER

- Physical Therapy Assistant at University Project (6 Months)
- Physical Therapy Research Assistant at Capstone Project (3 Months)
- Physical Therapy Lab Assistant at Academic Research (2 Months)

- Utilized data analysis skills to interpret assessment results, refining understanding between therapies' effectiveness.
- Created educational materials for patients detailing exercise recovery protocols, widely distributed across local clinics.
- Collaboratively presented key findings at a regional healthcare conference, boosting awareness of innovative rehabilitation methods.
- Implemented new tracking systems for patient progress reports, enhancing monitoring accuracy.
- Generated constructive feedback that guided program enhancements directed towards patient results.

Physical Therapy Lab Assistant

Academic Research June 2025 - August 2025 Remote

Engagement in assiting researchers primarily focused on developing pain-management techniques gave insight into patient care advancements.

- Evaluated novel physical therapy technical implementations for pain management, securing promising pilot study outcomes.
- Systematically prepared documentation and synthesizing research findings for ongoing studies in rehabilitation settings.
- Provided mentorship to junior students, facilitating deeper mastery of essential physical therapy practices.
- Coordinated lab sessions diligently, assuring equipment readiness and safe operation procedures.
- Collaborated on protocol design which streamlined processes, emphasizing efficiency and participant safety.
- Contributed recognition toward a collaborative project exploring new patient care methodologies.

LEADERSHIP & AWARDS

- Dean's List, Dallas Community College, 2025
- Outstanding Student Award, Physical Therapy Program, 2026

CERTIFICATIONS

- Licensed Physical Therapist Assistant (LPTA) 2026
- Basic Life Support (BLS) 2026

PROFESSIONAL AFFILIATIONS

- Member, Physical Therapy Student Association, 2025 – Present
- Volunteer, Community Health Fair, 2025

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST