

# Lucy Cantu

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## SUMMARY

Compassionate and dedicated Licensed Physical Therapist with experience in developing tailored treatment plans across diverse patient populations. Equipped to administer therapeutic exercises and manual therapy with a focus on recovery and engagement. Actively participates in mentoring programs, facilitating both personal and professional growth within the team. Strongly advocates for patient-centered care and continuous education through engaging with advanced AI documentation tools, ensuring streamlined interaction while maximizing patient contact. Committed to community health initiatives and fostering open collaboration with colleagues for optimal outcomes.

## EXPERIENCE

### Licensed Physical Therapist

June 2026 - Present

TheraCare Solutions

Kalamazoo, MI

As a Licensed Physical Therapist at TheraCare Solutions, responsible for implementing evidence-based treatment strategies with a primary focus on individualized patient needs. Owned patient caseload management and collaborated conjointly with physicians and other healthcare professionals.

- Developed personalized treatment plans to advance patient recovery, resulting in enhanced outcomes.
- Utilized cutting-edge AI documentation systems to reduce time spent on paperwork, promoting more face-to-face interactions.
- Motivated patients by tracking progress and celebrating milestones during therapy sessions.
- Played a key role in mentoring new graduates joining the organization, offering guidance and support.
- Participated regularly in interdepartmental meetings to ensure cohesive communication among staff and streamline operations.
- Engaged in outreach activities focused on community wellness and health education.

### Physical Therapy Intern

January 2026 - May 2026

Wellness Center of Michigan

Grand Rapids, MI

Served as an intern gaining hands-on experience assisting professionally licensed therapists in creating and executing treatment plans. Involved deeply with patients while focusing on physical rehabilitation and collaboration with multidisciplinary teams.

- Supported experienced therapists by designing treatment plan portions under supervision, increasing clinical familiarity.
- Executed therapeutic exercises, carefully adapting them based on individual patient feedback to optimize results.
- Encouraged patient education through tailored explanations that motivated ongoing involvement in their health care.
- Monitored treatment progress and reported significant changes to supervisors, refining care objectives.
- Documented patient interactions with attention to detail following established clinical protocols.
- Presented innovative ideas to enhance patient engagement during staff brainstorming sessions.

## LEADERSHIP & AWARDS

- Dean's List, University of Michigan (2024-2026)
- Selected Participant, National Physical Therapy Conference (2026)

## EDUCATION

### Doctor of Physical Therapy

2026

University of Michigan GPA: 3.8

Ann Arbor, MI

**Coursework:** Anatomy, Physiology, Rehabilitation Techniques, Pain Management

## CERTIFICATIONS

- Licensed Physical Therapist 2026
- Advanced Manual Therapy Certification 2026

## TECHNICAL SKILLS

- Documentation Systems:** AI Tools, Electronic Health Records, Comprehensive Reporting
- Rehabilitation Techniques:** Therapeutic Exercises, Manual Therapy, Flexibility Training
- Communication Tools:** Clinical Meetings, Team Collaboration Software, Patient Portals
- Patient Monitoring Tools:** Data Tracking Software, Mobile Applications, Wearables

- **Patient Education Materials:** Brochures, Visual Aids, Workshops
- **Professional Development:** Continuing Education, Online Certifications, Workshops
- **Networking Platforms:** Professional Associations, Conferences, Local Events
- **Health Assessment Tools:** Functional Tests, Balance Assessments, Strength Evaluations
- **Outreach Programs:** Health Fairs, Community Classes, Support Groups
- **Evaluation Methods:** Standardized Testing, Patient Feedback, Peer Review

**SKILLS**

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- Patient Care
- Manual Therapy
- Treatment Planning
- Team Collaboration
- AI Documentation Tools
- Community Outreach
- Therapeutic Exercises
- Progress Tracking
- Education and Motivation
- Mentorship
- Interdisciplinary Collaboration
- Lifelong Learning
- Quality Assurance
- Health Promotion
- Feedback Implementation

**PROFESSIONAL AFFILIATIONS**

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- Member, Student Physical Therapy Association
- Volunteer, Kalamazoo Health Fair

**LANGUAGES**

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- English (Native)
- Spanish (Proficient)

**ADDITIONAL INFORMATION**

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**Work Status** : Authorized to work in United States. No sponsorship required.

**REFERENCES**

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AVAILABLE ON REQUEST