

Maggie Cunningham

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SUMMARY

Network **diabetes program** manager and **Registered Dietitian** with 10 years of healthcare experience, including more than 5 years leading diabetes programs, clinical teams, and **ambulatory operations**. Directs multidisciplinary education across multiple care sites, supervises dietitians, nurses, and educators, and applies current **American Diabetes Association** standards to self management, medical nutrition therapy, food, and age specific dietary assessment. Develops patient materials, staff training, orientation, and in service education for nurses, pharmacists, dietitians, health promoters, and clinical teams. Manages staffing, assignments, performance, discipline documentation, fiscal planning inputs, ADA recognition readiness, healthcare safety practices, and Labor Relations consultation in collective bargaining environments. Combines clinical judgment with practical operations leadership, workforce coordination, policy implementation, and accessible patient education across healthcare settings.

EXPERIENCE

Diabetes Program Manager

February 2023 - Present

Prairie Lakes Medical Network

Naperville, IL

Directs multidisciplinary diabetes education across ambulatory sites, leading clinical services, staffing, training, budget inputs, labor matters, and ADA recognition readiness.

- Directed diabetes education across ambulatory sites, applying **ADA standards** and coordinating multidisciplinary clinical services.
- Assessed referrals and age specific dietary needs, shaping nutrition and **self management** plans for patients.
- Managed staffing, assignments, performance, and discipline documentation with Human Resources and Labor Relations.
- Prepared staffing, education, and supply inputs for fiscal budget planning across healthcare locations.
- Created **nutrition** materials and delivered orientation training for nurses, pharmacists, dietitians, and **health promoters**.
- Maintained **ADA recognition** readiness through PPE, hand hygiene, sanitation, and **work practice controls**.

Clinical Nutrition and Diabetes Services Supervisor

June 2020 - January 2023

Midwest Ambulatory Health Partners

Joliet, IL

Supervised clinical nutrition and diabetes services across ambulatory operations, coordinating educators, patient plans, workforce decisions, training, and safety practices.

- Directed **diabetes** education across ambulatory sites, applying ADA standards and coordinating multidisciplinary clinical services.
- Assessed referrals and age specific dietary needs, shaping nutrition and self management plans for patients.
- Managed staffing, assignments, performance, and discipline documentation with Human Resources and **Labor Relations**.
- Prepared staffing, education, and supply inputs for **fiscal budget** planning across **healthcare** locations.
- Created nutrition materials and delivered in service training for nurses, **pharmacists, dietitians**, and health promoters.
- Maintained ADA recognition readiness through PPE, hand hygiene, sanitation, and work practice controls.

Senior Clinical Dietitian and Diabetes Educator

July 2018 - May 2020

Fox Valley Community Hospital

Aurora, IL

Delivered senior clinical nutrition and diabetes education, supporting multidisciplinary care, **patient assessment**, staff learning, standards based practice, and ambulatory coordination.

- Directed diabetes education across ambulatory sites, applying ADA standards and coordinating multidisciplinary clinical services.
- Assessed referrals and age specific dietary needs, shaping nutrition and self management plans for patients.
- Managed **staffing**, assignments, performance, and **discipline** documentation with Human Resources and Labor Relations.
- Prepared staffing, education, and supply inputs for fiscal budget planning across healthcare locations.
- Created nutrition materials and delivered **orientation** training for **nurses**, pharmacists, dietitians, and health promoters.
- Maintained ADA recognition readiness through PPE, hand hygiene, sanitation, and **work practice controls**.

Registered Dietitian

August 2016 - June 2018

North Shore Wellness Clinic

Evanston, IL

Provided registered dietitian services with focus on diabetes education, medical nutrition therapy, dietary assessment, **patient materials**, and coordinated clinical support.

- Assessed diabetes referrals and age specific dietary needs during individualized clinical nutrition consultations.
- Developed nutrition and **self management** plans supporting practical food choices and patient education.
- Applied ADA standards during diabetes education and **medical nutrition therapy** sessions.
- Prepared patient nutrition materials that supported clearer daily **food** and self care decisions.
- Supported **clinical staff** learning through practical nutrition guidance and coordinated education activities.
- Followed PPE, hand hygiene, sanitation, and **work practice controls** in healthcare settings.

PROJECTS

Multi Site Diabetes Education Coordination 📅 2024

Coordinated education activities across ambulatory sites, aligning patient assessment, staff training, ADA standards, nutrition materials, and operational priorities.

Clinical Nutrition Education Toolkit 📅 2022

Created practical nutrition education materials for patients and clinical staff, connecting medical nutrition therapy with daily diabetes self management.

LEADERSHIP & AWARDS

- ADA recognition readiness leadership across multidisciplinary ambulatory diabetes services.
- Clinical education leadership for nurses, pharmacists, dietitians, and health promoters.
- Workforce leadership supporting staffing, discipline documentation, and Labor Relations consultation.

EDUCATION

Master of Public Health

2021

University of Illinois Chicago GPA: 4.0

Chicago, IL

Coursework: Public health policy, community health assessment, healthcare management, program evaluation

Bachelor of Science in Nutrition and Dietetics

2016

Northern Illinois University GPA: 4.0

DeKalb, IL

Coursework: Medical nutrition therapy, food and nutrition, dietetic practice, diabetes education

CERTIFICATIONS

- Certified Diabetes Educator 📅 Current
- Registered Dietitian, Commission on Dietetic Registration 📅 Current
- Licensed Dietitian Nutritionist, Illinois 📅 Current

TECHNICAL SKILLS

- **Diabetes Care:** Diabetes self management, ADA standards, diabetes education
- **Nutrition Practice:** Medical nutrition therapy, food and nutrition, dietary assessment
- **Clinical Education:** Patient education, nutrition materials, in service education
- **Healthcare Operations:** Ambulatory operations, site coordination, program management
- **Workforce Management:** Staff supervision, staffing assignments, performance management
- **Labor Relations:** Collective bargaining, labor consultation, management proposals
- **Personnel Procedures:** Discipline documentation, policy procedures, personnel operations
- **Budget Planning:** Fiscal planning, staffing inputs, supply planning
- **Healthcare Safety:** PPE, hand hygiene, sanitation
- **Quality Recognition:** ADA recognition, program reviews, standards of care

SKILLS

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|-----------------------|-------------------------|----------------------------|----------------------|
| • Diabetes management | • Staff supervision | • Discipline documentation | • Staff training |
| • Patient assessment | • Ambulatory operations | • Policy development | • Site coordination |
| • Nutrition therapy | • Budget planning | • PPE | • Clinical education |
| • ADA standards | • Labor Relations | • Hand hygiene | |

PROFESSIONAL AFFILIATIONS

- Registered Dietitian through the Commission on Dietetic Registration.
- Illinois Licensed Dietitian Nutritionist supporting healthcare nutrition practice.
- Certified Diabetes Educator supporting standards based patient education.

LANGUAGES

- English (Native)
- Spanish (Intermediate)

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST