



Juliet Alvarado

Nurse Aide I and II Instructor

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SUMMARY

Registered Nurse and nurse aide educator with eight years of acute, **long term care**, classroom, laboratory, and clinical experience. Provides **Nurse Aide I** and II instruction through lessons, demonstrations, skills practice, assessments, tutoring, and supervised clinical learning. Applies **North Carolina** DHSR approved curriculum and NCBON modules while teaching ADL, personal care, infection prevention, bloodborne pathogen safety, communication, and delegated care. Maintains attendance, competency, performance, clinical, accreditation, and program records with careful attention to student progression. Collaborates with faculty, nurses, clinical partners, residents, families, and community stakeholders on curriculum review, equipment readiness, recruitment, and program evaluation. Holds an unrestricted North Carolina RN license, Bachelor of Science in Nursing, current BLS certification, and **adult learning** preparation. Brings practical bedside credibility and supportive instruction to each learning setting.

EXPERIENCE

Nurse Aide Instructor

Piedmont Health Education Center 📅 October 2024 - Present 📍 Greenville, NC

Leads Nurse Aide I and II education across classroom, laboratory, and clinical settings. Owns **lesson planning**, skills demonstrations, assessment, tutoring, records, and program improvement while supporting safe student progression.

- Delivered **Nurse Aide I** and II instruction through approved curriculum and supervised skills practice.
- Built lessons, demonstrations, quizzes, and competency evaluations aligned with **NC DHSR** and NCBON expectations.
- Supervised clinical learners during ADL, **personal care**, infection prevention, communication, and safety assessments.
- Maintained attendance, performance, clinical evaluation, and **program records** for student progression and review.
- Provided tutoring through demonstration, return demonstration, questioning, and feedback during skills remediation.
- Supported curriculum review, textbook evaluation, equipment readiness, recruitment, and **systematic program evaluation**.

Registered Nurse and Nurse Aide Preceptor

Carolina Regional Hospital 📅 October 2022 - September 2024 📍 Rocky Mount, NC

Delivered adult medical nursing care while precepting Nurse Aide I and II staff. Connected bedside practice with **adult learning** through coaching, observation, delegated care, safety teaching, and clear documentation.

- Delivered adult medical nursing care while supervising delegated work by **Nurse Aide I** and II staff.
- Precepted aides in hygiene, mobility, nutrition, vital signs, infection prevention, and personal care.
- Evaluated performance through observation and coaching, documenting skill gaps for focused corrective instruction.
- Organized care priorities with nurses, educators, patients, families, and adult learners during busy shifts.
- Applied bloodborne pathogen precautions during bedside care, demonstrations, and supervised clinical activities.
- Created concise teaching references for **ADL** routines, **personal care**, and safe patient support.

Registered Nurse

Willow Creek Senior Care 📅 October 2020 - September 2022 📍 Wilson, NC

STRENGTHS

- 👤 **Clinical teaching**
Learners gained confidence through clear demonstrations, return practice, and feedback connected with bedside care.
- ✅ **Skills assessment**
Observation revealed small technique gaps early, so coaching became focused and useful for each learner.
- 👥 **Adult learning**
Patient explanations became teaching tools, helping adult learners connect classroom concepts with practical care.
- ♥️ **Record stewardship**
Consistent attendance and competency records gave faculty a clearer view of progression and needed support.
- 🤝 **Team collaboration**
Clinical staff often sought concise guidance on delegation, personal care, and safe learner supervision.

SKILLS

Nurse Aide I Instruction

Nurse Aide II Instruction

Adult Learning

Classroom Instruction

Laboratory Instruction

Clinical Supervision

Curriculum Development

Student Assessment

[Skills Demonstration](#) [Tutoring](#)

[NC DHSR Guidelines](#)

[NCBON Guidelines](#) [ADL Instruction](#)

[Personal Care Skills](#)

[Bloodborne Pathogens](#)

LANGUAGES

English Native

Spanish Proficient

MY CAREER



● Nurse Aide Instructor at Piedmont Health Education Center (2 Years)

● Registered Nurse and Nurse Aide Preceptor at Carolina Regional Hospital (1.9 Years)

● Registered Nurse at Willow Creek Senior Care (1.9 Years)

● Registered Nurse at Coastal General Medical Center (1.9 Years)

Managed long term care nursing for residents with chronic and post acute needs. Supervised Level I and II Nurse Aides, coached care quality, communicated across disciplines, and maintained records supporting continuity and regulatory readiness.

- Managed **long term care** for residents with chronic and post acute health needs.
- Supervised Level I and II Nurse Aides during delegated ADL and **personal care** activities.
- Taught infection prevention, observation, documentation, falls, skin care, and reporting expectations.
- Assessed aide performance through direct observation and feedback on dignity, technique, **communication**, and care plans.
- Coordinated resident needs with families, providers, rehabilitation staff, and nursing colleagues.
- Maintained nursing and supervisory records supporting continuity, accountability, and regulatory readiness.

Registered Nurse

Coastal General Medical Center 📅 October 2018 - September 2020 📍 New Bern, NC

Provided adult medical and postoperative nursing care in an acute setting. Combined assessment, medication safety, delegation, patient education, electronic documentation, and preceptor development to support reliable care delivery.

- Provided adult medical and postoperative care involving assessment, medication safety, mobility, and **personal care**.
- Delegated appropriate care to Nurse Aides while retaining RN oversight and accountability.
- Demonstrated transfers, hygiene, positioning, vital signs, precautions, and infection control practices.
- Used teach back during patient education and discharge routine instruction.
- Maintained electronic documentation covering **assessments**, interventions, responses, and team communication.
- Completed **continuing education** in clinical teaching, precepting, and **adult learning** fundamentals.

PROJECTS

Clinical Skills Readiness Program 📅 2025

Created a structured practice sequence connecting demonstrations, return demonstrations, feedback, and competency review for nurse aide learners. Shared practical coaching methods with clinical partners and supported consistent preparation for supervised care.

Nurse Aide Record Review 📅 2024

Reviewed attendance, performance, clinical evaluation, and progression records to identify recurring documentation needs. Clarified follow up steps for instructors and learners, supporting orderly program evaluation and student communication.

LEADERSHIP & AWARDS

- Recognized by education colleagues for dependable clinical coaching and supportive learner feedback.
- Commended by nursing teams for clear delegation guidance and practical personal care instruction.
- Selected for ongoing contributions to curriculum review, equipment readiness, and learner support.

EDUCATION

Bachelor of Science in Nursing

East Carolina University 🎓 GPA: 0 📅 2018 📍 Greenville, NC

Coursework: Adult health nursing, community health, pharmacology, nursing leadership

CERTIFICATIONS

- Registered Nurse, North Carolina, Unrestricted License 📅 2026
- Basic Life Support for Healthcare Providers 📅 2026
- Adult Learning and Clinical Preceptor Development 📅 2022

TECHNICAL SKILLS

- **Nursing Licensure:** North Carolina RN License, Unrestricted RN Practice, RN Patient Care
- **Nurse Aide Education:** Nurse Aide I, Nurse Aide II, Nurse Aide Supervision
- **Instructional Settings:** Classroom Instruction, Laboratory Instruction, Clinical Instruction
- **Curriculum Standards:** NC DHSR Curriculum, NCBON Modules, Approved Curriculum
- **Clinical Skills:** ADL, Personal Care, Vital Signs
- **Safety Education:** Bloodborne Pathogens, Infection Prevention, Safe Practices
- **Assessment Methods:** Competency Assessment, Performance Evaluation, Return Demonstration
- **Student Support:** Tutoring, Skills Remediation, Adult Learning
- **Care Environments:** Acute Care, Long Term Care, Clinical Sites
- **Program Administration:** Attendance Records, Academic Records, Program Evaluation
- **Computer Applications:** Microsoft Office, Electronic Documentation, Database Records
- **Professional Credentials:** BLS for Healthcare Providers, Adult Teaching, Clinical Precepting

PROFESSIONAL AFFILIATIONS

- North Carolina nursing education community participant focused on safe nurse aide preparation.
- Clinical nursing peer network contributor supporting adult learning, precepting, and patient centered care.

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST