

Willa Fuentes

Nursing Assistant I

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📍 Worcester, MA 01604

STRENGTHS

- ♥️ **Resident centered care**
Adjusted bathing, feeding, mobility, and grooming support around individual routines, helping residents feel respected and comfortable.
- 👁️ **Condition observation**
A change in appetite or alertness never gets overlooked, with objective notes shared quickly for nursing follow up.
- 🧑 **Dementia support**
Used familiar routines and calm redirection during memory care, becoming a steady presence for residents and families.
- 📁 **Accurate documentation**
Recorded weights, intake, output, meals, and care observations carefully, giving nurses dependable information for daily decisions.
- 🚑 **Emergency readiness**
Stayed available during urgent changes, adverse weather, weekends, and holidays, helping care teams maintain safe resident coverage.

SKILLS

Activities of daily living

Geriatric care Long term care

Dementia care Resident safety

Mobility assistance Transfers

Turning and positioning

Feeding assistance

Incontinence care

Intake and output

Weights and measurements

Care plan observations

Emergency recognition

Electronic documentation

SUMMARY

Certified Nursing Assistant with four years of direct care experience supporting older adults in **long term care**, memory care, and comfort focused settings. Maintains active **Massachusetts Nurse Aide certification**, current **American Heart Association CPR certification**, and dementia care training. Provides respectful assistance with bathing, grooming, dressing, feeding, mobility, toileting, incontinence care, turning, positioning, weights, **intake and output**, meal observations, and resident transport. Recognizes changes in condition and communicates concise, objective observations to licensed nurses for timely follow up. Experienced with electronic documentation, care plan observations, examinations, treatments, confidentiality, infection prevention, and emergency response. Builds trusting relationships with residents and families through calm communication, discretion, and consistent attention to dignity. Dependable across rotating shifts, weekends, holidays, adverse weather, and essential staffing needs.

EXPERIENCE

Certified Nursing Assistant, Long Term Care

Meadowbrook Senior Living 📅 May 2024 - Present 📍 Worcester, MA

Provides **direct care** for older residents with long term care and memory support needs. Supports daily routines, clinical observations, resident transportation, documentation, safety practices, and communication with **licensed nursing staff** across rotating schedules.

- Provides bathing, grooming, dressing, toileting, feeding, and mobility support under resident care plans.
- Records weights, meal intake, fluid **intake and output**, and observations in **electronic records**.
- Reports appetite, alertness, mobility, and skin changes to licensed nurses for care plan follow up.
- Uses safe transfers, turning, positioning, and draping techniques during care and examinations.
- Escorts residents to appointments and activities with mobility aids and current care information.
- Maintains weekend, holiday, **adverse weather**, and **emergency staffing** coverage while protecting resident privacy.

Certified Nursing Assistant, Memory Care

Willow Lane Memory Care 📅 March 2022 - April 2024 📍 Shrewsbury, MA

Delivered person centered care for residents living with dementia. Supported personal care, **mobility**, nutrition, documentation, examinations, urgent condition reporting, family communication, and safe routines under licensed nursing direction.

- Delivered dementia care through familiar routines, calm redirection, and close observation of behavior.
- Documented food, hydration, elimination, mobility, and personal care observations for nursing review.
- Supported transfers, ambulation, repositioning, **incontinence care**, dressing, **grooming**, and feeding safely.
- Recognized breathing, responsiveness, balance, and behavior changes, then summoned nursing assistance promptly.
- Prepared residents for **examinations** and treatments using **positioning**, draping, reassurance, and measurements.
- Built respectful family relationships while protecting **confidentiality** and directing clinical questions to licensed staff.

PROJECTS

Resident Dignity and Safe Mobility 📅 2024

Partnered with nursing staff during daily care routines, using clear communication and safe positioning practices to support comfort, dignity, mobility, and reliable transitions for older residents.

Dementia Support Routines 📅 2023

LANGUAGES

English	Native
Spanish	Proficient

MY CAREER



- Certified Nursing Assistant, Long Term Care at Meadowbrook Senior Living (2.4 Years)
- Certified Nursing Assistant, Memory Care at Willow Lane Memory Care (2.1 Years)

Worked alongside care teams to reinforce familiar routines, observe behavioral cues, and share practical resident information that supported calmer daily activities and stronger family communication.

LEADERSHIP & AWARDS

- Recognized by care teams for dependable resident support during rotating weekends and holidays.
- Trusted by nursing staff for clear observations involving appetite, alertness, mobility, and skin concerns.
- Selected for consistent support during adverse weather and essential staffing coverage.

EDUCATION

High School Diploma
Burncoat High School 🎓 GPA: 4.0 📅 2021 📍 Worcester, MA
Coursework: Health sciences, communication, personal care, health and safety

CERTIFICATIONS

- Massachusetts Nurse Aide Certification 📅 2026
- American Heart Association CPR Certification 📅 2026
- Dementia Care Certificate 📅 2023

TECHNICAL SKILLS

- **Personal Care:** Bathing, grooming, dressing
- **Mobility Support:** Transfers, ambulation, positioning
- **Nutrition Support:** Feeding, meal intake, hydration
- **Continence Care:** Toileting, incontinence care, elimination
- **Clinical Measurements:** Weights, intake, output
- **Electronic Records:** Electronic documentation, care assignments, resident records
- **Dementia Care:** Memory care, calm redirection, behavioral observation
- **Resident Safety:** Fall prevention, skin protection, infection prevention
- **Clinical Assistance:** Examinations, treatments, draping
- **Communication:** Family communication, nurse reporting, oral instructions
- **Emergency Response:** Urgent changes, emergency staffing, adverse weather
- **Confidentiality:** Privacy practices, discretion, confidential information

PROFESSIONAL AFFILIATIONS

- Collaborates with certified nursing assistants and licensed nurses during resident care routines.
- Builds respectful working relationships with residents, families, therapists, and clinical staff.

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST