



Madelyn Patterson

Senior Nutrition Educator

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STRENGTHS

- ♥ **Participant centered counseling**
Turned dietary findings into practical next steps, and families often returned with questions they felt comfortable asking.
- 👥 **Clear group education**
Built plain language classes with demonstrations and handouts, helping caregivers apply nutrition guidance beyond the clinic.
- ♥ **Accurate documentation**
Kept participant records complete and current across assessments, referrals, and follow up needs, supporting dependable service continuity.
- 🔗 **Community referrals**
Connected families with food access and social resources when nutrition education alone could not address immediate needs.
- 📅 **Independent organization**
Balanced appointments, classes, records, and special assignments across changing schedules, keeping daily services moving smoothly.

SKILLS

Nutrition assessment

Basic counseling

Nutrition education WIC services

Food selection Meal preparation

Food budgeting Food benefits

Community referrals

Patient education

Group facilitation Medical records

Educational materials

SUMMARY

Public health nutrition professional with six years of experience delivering nutrition risk assessments, **basic counseling**, education classes, referrals, and program support for families using nutrition assistance services. Bachelor's prepared in Dietetics, with practical skill translating evidence based nutrition principles into guidance on food selection, **meal preparation**, household budgeting, and food benefits. Maintains accurate confidential participant records, evaluates nutritional risk, supports eligibility decisions, and connects individuals with governmental, community, and **social service agencies**. Develops accessible educational materials, facilitates group sessions, prepares reports, and manages independent caseload priorities across clinic and community settings. Brings WIC aligned service experience, sound documentation practices, respectful communication, and steady collaboration that can support effective **public health nutrition** services.

EXPERIENCE

Senior Nutrition Educator

Franklin Community Nutrition Collaborative 📅 July 2023 - Present 📍 Columbus, OH

Leads **nutrition assessment**, counseling, education, documentation, referral, and mentoring services for families using maternal and child nutrition assistance programs. Independently organizes caseload priorities, supports accurate records, and helps participants apply practical nutrition guidance within household resources.

- Translated nutrition risk findings into focused counseling priorities for families receiving maternal and child nutrition services.
- Reviewed dietary patterns, health information, and household circumstances during structured participant interviews.
- Guided families through **food selection**, **meal preparation**, meal planning, and practical use of food benefits.
- Developed plain language materials and demonstrations for recurring parent and caregiver education classes.
- Documented assessments, education, referrals, follow up needs, and participant responses in electronic records.
- Coordinated referrals with food access, social service, and community support organizations for additional participant needs.
- Mentored newer educators on accurate documentation, participant communication, and effective class delivery.

Public Health Nutrition Educator

Central Ohio Family Wellness Network 📅 June 2021 - June 2023 📍 Dublin, OH

Delivered community nutrition assessments, counseling, education, documentation, reporting, and referrals for families receiving nutrition services. Managed changing clinic and community schedules while preparing lessons, maintaining participant files, and completing special program assignments.

- Used dietary histories and program criteria to identify nutritional risk and appropriate education needs.
- Helped families select and prepare nutritious foods within household budgets and available food assistance resources.
- Created lesson plans, handouts, and interactive activities for clinic and community education sessions.
- Explained balanced meals, label reading, infant nutrition, family nutrition, and food preparation through accessible classes.
- Maintained organized participant files and prepared routine **reports and correspondence** for program staff.

Public health nutrition

Program reporting

LANGUAGES

English Native

Spanish Intermediate

MY CAREER



● Senior Nutrition Educator at Franklin Community Nutrition Collaborative (3.2 Years)

● Public Health Nutrition Educator at Central Ohio Family Wellness Network (2 Years)

● Nutrition Program Specialist at Community Nutrition Outreach Center (11 Months)

- Connected participants with local food access, health, and social service resources through documented referrals.
- Prioritized appointments, class preparation, record completion, and special assignments across varied community schedules.

Nutrition Program Specialist

Community Nutrition Outreach Center 📅 June 2020 - May 2021 📍 Westerville, OH

Supported supervised nutrition screening and education services while building practical experience in assessment workflows, counseling, confidentiality, documentation, referrals, educational materials, correspondence, and recurring program reports.

- Supported supervised screening workflows for community participants with varied nutrition and household resource needs.
- Reviewed dietary intake and household food practices to prepare focused basic **nutrition education** plans.
- Presented small group sessions using prepared curricula and visual materials for community participants.
- Answered participant questions with clear, culturally respectful explanations during nutrition education sessions.
- Recorded screening results, education provided, and referrals in confidential participant files.
- Prepared correspondence, organized **educational materials**, and compiled service data for recurring program reports.
- Routed participants to governmental and community resources when needs exceeded available nutrition services.

PROJECTS

Family Food Benefits Education Series 📅 2025

Created practical class materials connecting food selection, meal preparation, household budgeting, and benefit use for participating families. Sessions supported confident choices and sustainable nutrition habits.

Community Nutrition Referral Workflow 📅 2024

Organized referral documentation for food access, health, and social service partners. Clear follow up steps helped staff maintain continuity for participants needing support beyond basic counseling.

LEADERSHIP & AWARDS

- Recognized by program leadership for dependable participant documentation and consistent follow up across community nutrition services.
- Selected to mentor newer nutrition educators on class delivery, record quality, and respectful participant communication.
- Entrusted with recurring education classes and special assignments requiring independent planning, reporting, and stakeholder coordination.

EDUCATION

Bachelor's Degree in Dietetics

Ohio University 🎓 GPA: 4.0 📅 2020 📍 Athens, OH

Coursework: Public health nutrition, nutrition assessment, community nutrition, food service management

CERTIFICATIONS

- ServSafe Food Handler Certificate 📅 2026
- Valid Ohio Driver License 📅 2026

TECHNICAL SKILLS

- **Nutrition Assessment:** Dietary histories, Nutritional risk screening, Program eligibility review
- **Nutrition Counseling:** Basic counseling, Food selection guidance, Meal planning
- **Nutrition Education:** Group classes, Patient education, Behavior change education

- **Food Assistance:** Food vouchers, Food subsidies, Government commodities
- **Record Documentation:** Electronic participant records, Medical record procedures, Confidential files
- **Referral Coordination:** Government agencies, Community agencies, Social service agencies
- **Education Materials:** Lesson plans, Handouts, Visual materials
- **Reporting and Correspondence:** Service reports, Program correspondence, Service data
- **Public Health Nutrition:** WIC aligned services, Community nutrition, Maternal and child nutrition
- **Food Safety:** ServSafe, Safe work practices, Safety policy compliance
- **Scheduling Operations:** Caseload planning, Clinic scheduling, Community events
- **Transportation and Licensing:** Ohio driver license, Acceptable driving history, Personal transportation

PROFESSIONAL AFFILIATIONS

- Community nutrition collaborator supporting families through practical education, referrals, and shared public health goals.
- Nutrition education partner connecting clinic services with food access and social service organizations.

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST