

Ivanna Brady

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SUMMARY

Early career **Patient Care Technician** candidate with supervised clinical training, CNA coursework, and hands on simulation across cardiac telemetry, adult, and older adult scenarios. Performs fundamental bedside care, comfort measures, positioning, bathing, linen changes, mobility support, vital sign collection, **point of care testing** practice, and patient observation under licensed nursing supervision. Applies fall prevention practices, bed and chair alarms, hourly rounding, safe positioning, infection prevention, equipment readiness, and clean unit standards. Recognizes **changes in condition**, behavior, comfort, and measured findings, then communicates concerns promptly through structured reports and simulated electronic documentation. BLS and CPR certified, with practical preparation for manual tasks, patient safety, **age appropriate care**, and exertion up to 50 pounds. Ready to contribute respectful, dependable support within a collaborative telemetry care team.

EDUCATION

High School Diploma

2026

Central High School GPA: 4.0

Bridgeport, Connecticut

Coursework: Patient care fundamentals, anatomy, health and safety, clinical communication

TECHNICAL SKILLS

- **Patient Care Procedures:** Positioning, bathing, linen care
- **Vital Sign Collection:** Blood pressure, pulse, temperature
- **Point of Care Testing:** Specimen checks, glucose testing, result entry
- **Telemetry Unit Support:** Cardiac observation, alarm awareness, safety rounds
- **Patient Safety Equipment:** Bed alarms, chair alarms, side rails
- **Clinical Documentation:** Electronic records, care entries, observation notes
- **Mobility Assistance:** Transfers, safe body mechanics, ambulation support
- **Infection Prevention:** Hand hygiene, clean equipment, work area readiness
- **Patient Observation:** Behavior changes, condition changes, sitter observation
- **Communication Practices:** Nurse handoffs, structured reports, visitor information
- **Care Environment:** Unit stocking, equipment checks, linen readiness
- **Life Span Care:** Adult care, older adult care, age appropriate communication

SKILLS

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|-----------------------|---------------------------|----------------------------|------------------------|
| • Patient care | • Point of care testing | • Bed alarms | • Age appropriate care |
| • Cardiac telemetry | • Safety Attendant duties | • Chair alarms | • Mobility support |
| • Vital signs | • Hourly rounding | • Electronic documentation | • CNA fundamentals |
| • Patient observation | • Fall prevention | • Infection prevention | |

EXPERIENCE

Patient Care Technician Clinical Trainee

August 2026 - October 2026

Clinical Training Program

Bridgeport, Connecticut

Completed supervised clinical and skills lab training supporting fundamental bedside care, patient safety, observation, documentation, equipment readiness, and communication with licensed nursing staff.

- Delivered supervised bedside care through **positioning**, bathing, linen changes, and **mobility support**.
- Collected vital signs using patient identification checks and instructor approved equipment during clinical scenarios.
- Practiced **point of care testing** workflows and documented results within simulated clinical records.
- Applied bed alarms, chair alarms, **hourly rounding**, and fall prevention during adult simulations.
- Reported **behavior changes**, comfort concerns, and measured findings promptly through structured nurse handoffs.
- Maintained clean, stocked care stations and completed equipment readiness checks using **infection prevention** procedures.

Telemetry Patient Care Simulation Technician

January 2026 - May 2026

Student Lab

Bridgeport, Connecticut

Supported **cardiac telemetry** simulations involving multiple patient assignments, delegated care tasks, safety observation, age appropriate communication, safe mobility, and concise team handoffs.

- Prioritized comfort, observation, safety rounds, and delegated bedside tasks during **telemetry** simulations.
- Adapted communication and **comfort measures** for adult and geriatric scenarios using life span principles.

- Maintained simulated **Safety Attendant** observation and escalated exit attempts or behavior changes.
- Followed mock **nursing orders** within technician scope after confirming sequence with instructors.
- Used safe body mechanics during transfers and repeated mobility tasks approaching **50 pounds**.
- Integrated completed care, pending needs, observations, and precautions into concise shift handoffs.

PROJECTS

Cardiac Telemetry Safety Simulation 📅 May 2026

Connected bedside safety practices with telemetry team communication through patient observation, alarm response, rounding, comfort measures, and structured handoff exercises.

Point of Care Testing Practice 📅 October 2026

Built confidence with patient identification, vital sign collection, point of care workflows, documentation checks, and instructor reviewed clinical equipment use.

LEADERSHIP & AWARDS

- Clinical Skills Lab Recognition, 2026, received for dependable performance during supervised patient care practice.
- Student Service Award, 2026, recognized respectful support and consistent contribution within a learning community.
- Peer Skills Practice Coordinator, 2026, organized practice sessions and helped classmates prepare for bedside skill checks.

CERTIFICATIONS

- Basic Life Support and CPR 📅 2026
- Certified Nursing Assistant Training Program Completion 📅 2026

PROFESSIONAL AFFILIATIONS

- Community Wellness Volunteer, 2025 - 2026, supported accessible health education and respectful community interaction.
- Student Clinical Practice Community, 2026, shared safe care routines and encouraged peer preparation for clinical settings.

LANGUAGES

- English (Native)
- Spanish (Intermediate)

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST