

Selena Reddy

☎ (203) 555-4816 ✉ selena.reddy@example.com 💼 linkedin.com/example/selenareddy 📍 Stamford, CT 06902

SUMMARY

NCCPA certified Physician Assistant with seven years of progressive clinical experience across hepatology, gastroenterology, hospital medicine, internal medicine, and complex liver disease care. Provides outpatient evaluation, inpatient consultation, cirrhosis management, transplant candidate assessment, pre transplant optimization, **post transplant follow up**, medication management, and coordinated laboratory, imaging, procedural, and specialty services. Clinical experience includes portal hypertension, ascites, hepatic encephalopathy, gastrointestinal bleeding, **chronic viral hepatitis**, autoimmune and **cholestatic liver disease**, MASLD, abnormal liver tests, and **hepatocellular carcinoma surveillance**. Works closely with hepatologists, transplant physicians, surgeons, gastroenterologists, hospitalists, nurses, pharmacists, nutrition professionals, social workers, patients, and families. Brings sound clinical judgment, organized communication, quality improvement experience, and patient centered education to comprehensive liver care.

EXPERIENCE

Senior Physician Assistant, Hepatology

July 2024 to Present

Harborview Liver & Digestive Specialists

Stamford, CT

Leads outpatient **hepatology** care for adults with complex liver disease, supports transplant coordination and follow up, and guides case based quality reviews across nursing, pharmacy, nutrition, and social work.

- Managed **cirrhosis** visits involving ascites, encephalopathy, **portal hypertension**, hepatitis, and MASLD.
- Reviewed laboratory and **imaging** trends, adjusted medications, and escalated decompensation concerns for timely care.
- Coordinated transplant candidacy workups through testing, imaging, specialty clearances, records, and patient education.
- Conducted **post transplant follow up** with transplant teams, medication reconciliation, and graft laboratory monitoring.
- Tracked **hepatocellular carcinoma surveillance** intervals, organizing imaging and laboratory follow up for cirrhosis patients.
- Led case reviews with nursing, pharmacy, nutrition, and social work partners for complex patients.

Physician Assistant, Gastroenterology and Hepatology

March 2022 to June 2024

Elm Ridge Gastroenterology Associates

Norwalk, CT

Delivered outpatient **gastroenterology** and hepatology care, translating laboratory trends, imaging, medication reviews, and patient goals into coordinated plans for chronic and **advanced liver disease**.

- Evaluated **abnormal liver tests** and chronic liver disorders, then coordinated diagnostic and procedural planning.
- Managed cirrhosis with **ascites**, encephalopathy, portal hypertension, and **gastrointestinal bleeding** risk.
- Built care plans for viral, autoimmune, cholestatic, and **metabolic liver disease** using longitudinal findings.
- Prepared patients for procedures and referrals through medication reconciliation, testing review, and closed communication.
- Educated families about disease progression, medication adherence, nutrition, warning signs, and transplant evaluation.
- Supported quality initiatives that standardized follow up workflows and documentation for high risk liver patients.

Physician Assistant, Hospital Medicine

July 2020 to February 2022

Riverside Community Hospital

Bridgeport, CT

Provided inpatient adult care for multisystem illness, with focused management of liver disease complications, specialty consultation, medication reconciliation, discharge planning, and organized clinical handoffs.

- Managed hospitalized adults with multisystem illness through diagnostic evaluation, prioritization, and discharge planning.
- Co managed encephalopathy, **gastrointestinal bleeding**, volume overload, infection concerns, and renal dysfunction.
- Coordinated gastroenterology consultations using laboratory, imaging, procedural, and bedside findings.
- Completed medication reconciliation and discharge education for medically complex patients and families.
- Communicated clinical changes across physicians, nurses, pharmacists, case managers, patients, and families.
- Recognized deterioration and escalated care through accurate documentation and organized handoffs.

Physician Assistant, Internal Medicine

July 2019 to June 2020

Fairfield Internal Medicine Group

Fairfield, CT

Delivered ambulatory adult medicine, developing a strong foundation in diagnostic reasoning, chronic disease management, laboratory review, referral coordination, patient education, and continuity of care.

- Provided ambulatory adult care through assessment, diagnostic reasoning, and longitudinal disease management.
- Evaluated abnormal liver enzymes and metabolic risks, initiating testing and **specialty referrals**.
- Monitored medications and laboratory results for adverse effects, adherence barriers, and clinically significant changes.
- Counseled patients on chronic disease management, preventive care, medication use, and follow up.
- Coordinated referrals, imaging, **laboratory testing**, and outside records to support continuity.
- Strengthened team care through concise documentation, organized handoffs, and close clinical coordination.

PROJECTS

Comprehensive Liver Care Workflow 📅 2024

Created a coordinated workflow for complex liver patients, linking surveillance, laboratory review, imaging, referrals, education, and follow up across care partners.

Transplant Candidate Coordination Program 📅 2023

Supported a structured transplant evaluation process that connected testing, specialty clearances, records, medication review, and patient education in one organized pathway.

LEADERSHIP & AWARDS

- Recognized by clinical colleagues for dependable coordination of complex hepatology and transplant care.
- Selected to lead case based quality reviews involving nursing, pharmacy, nutrition, and social work.
- Trusted by multidisciplinary teams for clear patient education and organized clinical handoffs.

EDUCATION

Master of Physician Assistant Studies

2019

Quinnipiac University GPA: 4.0

Hamden, CT

Coursework: Clinical medicine, pharmacology, clinical reasoning, patient assessment

Bachelor of Science in Biology

2016

University of Connecticut GPA: 4.0

Storrs, CT

Coursework: Human physiology, microbiology, genetics, biochemistry

CERTIFICATIONS

- NCCPA Certified Physician Assistant 📅 2026
- Connecticut Physician Assistant License 📅 2026
- Connecticut Controlled Substance Registration 📅 2026
- Federal DEA Registration 📅 2026
- Basic Life Support 📅 2026

TECHNICAL SKILLS

- **Liver Disease Care:** Cirrhosis, Ascites, Hepatic Encephalopathy
- **Transplant Medicine:** Pre Transplant Evaluation, Candidate Management, Post Transplant Follow Up
- **Hepatology Conditions:** Viral Hepatitis, Autoimmune Liver Disease, Cholestatic Liver Disease
- **Liver Oncology:** Hepatocellular Carcinoma Surveillance, Liver Cancer Care, Imaging Follow Up
- **Clinical Diagnostics:** Laboratory Testing, Imaging Review, Abnormal Liver Tests
- **Inpatient Care:** Hospital Medicine, Inpatient Consultation, Clinical Escalation
- **Medication Management:** Medication Reconciliation, Adherence Review, Adverse Effect Monitoring
- **Care Coordination:** Specialty Referrals, Transplant Communication, Discharge Planning
- **Patient Education:** Family Education, Nutrition Counseling, Warning Sign Education
- **Quality Programs:** Quality Improvement, Clinical Education, Program Development
- **Professional Credentials:** NCCPA Certification, Connecticut PA License, Federal DEA Registration

SKILLS

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|-------------------------|-----------------------------|-----------------------------|-----------------------------|
| • Hepatology | • Ascites | • Chronic Viral Hepatitis | • Pre Transplant Evaluation |
| • Liver Transplant Care | • Hepatic Encephalopathy | • Autoimmune Liver Disease | • Inpatient Consultation |
| • Cirrhosis | • Gastrointestinal Bleeding | • Cholestatic Liver Disease | • Care Coordination |
| • Portal Hypertension | • MASLD | • Hepatocellular Carcinoma | |

PROFESSIONAL AFFILIATIONS

- Connecticut Academy of Physician Assistants, professional member.
- American Association for the Study of Liver Diseases, professional member.

LANGUAGES

- English (Native)
- Spanish (Intermediate)

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST