

Natalia Holland

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SUMMARY

Compassionate and dedicated Physician Assistant specializing in urgent care services with over one year of clinical experience. Highly skilled at assessing patient conditions, developing effective treatment plans, and fostering collaboration among healthcare teams to improve patient outcomes. Holds a Texas license and NCCPA certification, exhibiting strong communication skills paired with a passion for patient education and support. Committed to providing excellent patient-centered care in high-pressure environments while continually enhancing professional expertise through collaboration and ongoing learning.

EXPERIENCE

Physician Assistant

January 2026 - Present

Evergreen Health Services

Irving, TX

Provide comprehensive care to patients in an urgent care clinic, performing diagnostic tests, evaluating treatment efficacy, and maintaining patient records.

- Conduct comprehensive assessments to identify physical and mental health conditions, ensuring timely intervention.
- Perform and interpret diagnostic tests, collaborating with medical professionals to tailor treatment strategies that meet individual patient needs.
- Prescribe medication therapy, advising patients about drug interactions and managing side effects to promote adherence and safety.
- Develop individualized care plans grounded in evidence-based practices and clinical guidelines, improving overall treatment results.
- Educate patients and families on health management, nutrition, and preventive measures to facilitate informed decisions.
- Maintain detailed documentation of treatments and outcomes, guaranteeing compliance with healthcare policies.

Physician Assistant

January 2025 - December 2025

Greenwood Medical Center

Fort Worth, TX

Supported patient evaluations and interventions within an urgent care environment, focused on delivering efficient healthcare services.

- Assisted in the management of various patient cases, consistently delivering exceptional care tailored to diverse needs.
- Collaborated closely with physicians and nursing staff to create effective treatment strategies driven by patient-specific requirements.
- Engaged in training programs and workshops to enhance understanding of current medical practices and technology applications.
- Provided essential education regarding treatment options and lifestyle changes, empowering patients to take charge of their health.
- Conducted regular follow-ups to assess patient progress, adjusting treatment protocols as required.
- Participated in local community health initiatives aimed at encouraging wellness and preventative care.

Clinical Intern

June 2024 - December 2024

Dallas Health Clinic

Dallas, TX

Gained practical exposure assisting healthcare professionals in patient care processes and laboratory operations.

- Supported medical providers with patient care tasks including medical history intake and assistance during examinations.
- Acquired hands-on experience in diagnostic testing, contributing positively to accurate assessments of patient health.
- Facilitated communication between patients and healthcare teams to ensure cohesive care delivery.
- Delivered educational materials and resources to enhance patient health literacy across varying demographics.
- Contributed to quality improvement projects designed to optimize patient care workflows and overall efficiency.
- Engaged in research activities concerning urgent care protocols and patient outcome measures.

LEADERSHIP & AWARDS

- Dean's List, University of Texas, 2024
- Recipient of Academic Excellence Scholarship, 2023

EDUCATION

Master's Degree in Physician Assistant Studies

2025

University of Texas GPA: 3.8

Austin, TX

Coursework: Clinical Medicine, Pharmacology, Health Policy, Patient Assessment

CERTIFICATIONS

- National Commission on Certification of Physician Assistants (NCCPA) 📅 2026
- Basic Life Support (BLS) 📅 2026

TECHNICAL SKILLS

- **Healthcare Software:** Epic, Cerner, Allscripts
- **Communication Tools:** Microsoft Teams, Slack, Zoom
- **Diagnostic Tools:** X-rays, CT Scans, MRI
- **Therapeutic Modalities:** Pharmacotherapy, Physical Therapy, Counseling
- **Patient Management Systems:** EHR, EMR, Telehealth Platforms
- **Testing Protocols:** Blood Tests, Urinalysis, Imaging Studies
- **Professional Development:** Workshops, Conferences, Online Courses
- **Quality Improvement Initiatives:** Patient Care Audits, Workflow Analysis, Team Meetings
- **Medical Equipment:** Defibrillators, ECG Machines, Infusion Pumps
- **Regulatory Compliance:** HIPAA, OSHA, CDC Guidelines

SKILLS

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|-------------------------|-----------------------------|----------------------------|-------------------|
| • Patient Assessment | • Patient Education | • Critical Thinking | • Preventive Care |
| • Treatment Planning | • Team Collaboration | • Behavioral Interventions | • Empathy |
| • Medication Management | • Electronic Health Records | • Laboratory Evaluation | |

PROFESSIONAL AFFILIATIONS

- Member of Student Physician Assistant Society, 2023-2025
- Volunteer at Community Health Fair, 2024

LANGUAGES

- English (Native)
- Spanish (Intermediate)

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST