



# Maci Cummings

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## SUMMARY

Compassionate and dedicated Psychiatric Nurse Practitioner with over 5 years of experience in providing high-quality behavioral health care. Proven expertise in medication management and patient-centered service, ensuring optimal emotional and cognitive well-being for patients in skilled nursing and senior living settings. Strong collaborator adept at building trusting relationships with interdisciplinary teams, enhancing care continuity, and improving patient outcomes through evidence-based practices. Deeply committed to fostering a supportive environment that prioritizes open communication and trust with patients and families.

## EXPERIENCE

### Psychiatric Nurse Practitioner

January 2023 - Present

Innovative Health Solutions

*Charlotte, NC*

Oversees psychiatric evaluations and manages medication treatment plans within an integrated care model at a prominent healthcare organization. Collaborates extensively with multidisciplinary teams while aiming for improved health outcomes in diverse patient populations.

- Provided comprehensive psychiatric evaluations and medication management to diverse patient populations in skilled nursing facilities.
- Collaborated with interdisciplinary teams to develop and implement individualized care plans, promoting optimal mental health outcomes.
- Conducted routine patient rounding, assessing and monitoring mental health conditions, and adjusting treatment as necessary.
- Facilitated effective communication with patients, families, and facility staff, ensuring understanding and adherence to care plans.
- Utilized AI-driven tools to streamline clinical processes and enhance decision-making in patient care.
- Mentored and trained new staff in behavioral health best practices and patient-centered service techniques.

### Nurse Practitioner

June 2020 - December 2022

Caring Hands Health Services

*Raleigh, NC*

Delivered holistic care focused on mental health and wellness for geriatric patients within a busy outpatient clinic setting.

- Developed treatment plans tailored to the unique needs of patients, utilizing evidence-based approaches to improve quality of life.
- Engaged in interdisciplinary collaboration, ensuring comprehensive care and continuity for patients transitioning between services.
- Implemented patient education programs that increased awareness and understanding of mental health issues.
- Maintained accurate and thorough patient records, ensuring compliance with healthcare regulations and standards.
- Participated in continuous professional development and training to remain updated on best practices in psychiatric care.

### Nurse Practitioner

January 2018 - May 2020

Wellness First Clinic

*Greensboro, NC*

Managed psychiatric care focusing on chronic mental health conditions, driving long-term treatment strategies.

- Conducted detailed patient assessments and collaborated with healthcare teams to refine care strategies and improve patient experiences.
- Led workshops to educate patients and families about mental health resources and coping strategies.
- Implemented quality improvement initiatives that resulted in enhanced patient satisfaction and care delivery efficiency.
- Maintained a supportive environment, fostering trust and open communication with patients and their families.
- Engaged in community outreach programs aimed at increasing access to mental health services.

## LEADERSHIP & AWARDS

- Dean's List, University of North Carolina, 2019-2021
- Outstanding Nurse Practitioner Award, Caring Hands Health Services, 2022

## EDUCATION

### Master's Degree in Nursing

2021

University of North Carolina GPA: 3.8

*Chapel Hill, NC*

**Coursework:** Advanced Practice Nursing, Mental Health Treatment, Community Health, Nursing Research

## CERTIFICATIONS

- Certified Psychiatric-Mental Health Nurse Practitioner (PMHNP-BC) 📅 2021

- Advanced Practice Registered Nurse (APRN) License, North Carolina 📅 2021

## TECHNICAL SKILLS

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- **Clinical Procedures:** Psychiatric Assessments, Medication Management, Treatment Planning
- **Health Technologies:** Electronic Health Records, Telemedicine Platforms, AI Integration Tools
- **Patient Care Models:** Patient-Centered Care, Evidence-Based Practices, Value-Based Care
- **Regulatory Compliance:** HIPAA, PHI Security Programs, Clinical Documentation Standards
- **Therapeutic Modalities:** Cognitive Behavioral Therapy (CBT), Dialectical Behavior Therapy (DBT), Psychoeducation
- **Collaboration Tools:** Microsoft Teams, Zoom, Shared Digital Workspaces
- **Continuity of Care Models:** Transition Planning, Interdisciplinary Rounding, Follow-Up Protocols
- **Geriatric Care Focus:** Mood Disorders, Dementia Care Strategies, Cognitive Rehabilitation
- **Communication Frameworks:** Active Listening Techniques, Empathic Communication Skills
- **Educational Initiatives:** Patient Education Workshops, Community Health Seminars, Training Programs

## SKILLS

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|-----------------------------------|----------------------------|---------------------------|----------------------------|
| • Patient Care                    | • Mental Health Assessment | • Effective Communication | • Community Outreach       |
| • Medication Management           | • AI-Driven Care Tools     | • Compassionate Listening | • Clinical Documentation   |
| • Interdisciplinary Collaboration | • Elderly Care             | • Crisis Intervention     | • Professional Development |
| • Patient Education               | • Treatment Planning       | • Quality Improvement     |                            |

## PROFESSIONAL AFFILIATIONS

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- Member, American Psychiatric Nurses Association
- Volunteer, Mental Health Awareness Campaign, 2020-present

## LANGUAGES

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- English (Native)
- Spanish (Proficient)

## ADDITIONAL INFORMATION

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**Work Status** : Authorized to work in United States. No sponsorship required.

## REFERENCES

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AVAILABLE ON REQUEST