

Valentina Macias

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SUMMARY

Registered Nurse with five years of clinical experience, including more than two years supporting ambulatory and primary care patients in multispecialty outpatient settings. Provides safe, timely care through focused assessment, clinical prioritization, medication reconciliation, immunization services, specimen collection, diagnostic testing, and minor procedure support. Uses Epic, HIPAA compliant documentation, **CLIA waived testing** controls, OSHA safety practices, infection prevention, sterile technique, and PDSA improvement methods. Communicates clearly with patients, families, physicians, nursing colleagues, referral teams, and interpreters while adapting education for language, literacy, age, and learning needs. Active **Texas RN license**, BSN, **American Heart Association BLS** and **ACLS** credentials, and **ambulatory care** nursing certification support dependable practice. Brings calm coordination, respectful service, and sound judgment to every patient encounter.

EXPERIENCE

Registered Nurse, Ambulatory Care

January 2025 - Present

Bayou City Ambulatory Care

Houston, TX

Supports multispecialty ambulatory operations through direct nursing care, diagnostic procedures, patient education, Epic coordination, quality controls, and unit level clinical leadership.

- Prioritized concurrent clinic needs through rooming, assessments, and provider coordination during high volume sessions.
- Performed EKGs, glucose checks, urine testing, screenings, spirometry support, and specimen preparation for procedures.
- Administered immunizations and medications using **seven rights**, then documented responses and individualized patient teaching.
- Managed Epic **telephone triage** and in basket follow up, routing clinical findings and closing referral tasks.
- Maintained **CLIA waived logs**, temperature records, PPE practices, equipment checks, and **biohazard disposal** standards.
- Supported **PDSA improvement** and accreditation readiness by reinforcing **National Patient Safety Goals** during daily operations.

Registered Nurse, Primary Care

July 2023 - December 2024

Gulfview Medical Group

Sugar Land, TX

Delivered primary care nursing across adult and family medicine clinics, coordinating assessments, procedures, diagnostics, referrals, education, supplies, and safe patient flow.

- Completed focused assessments, rooming, **medication reconciliation**, education, and documentation for scheduled and same day visits.
- Prepared urine, culture, **Pap smear**, and biopsy specimens with accurate labeling, handling, and **laboratory transport**.
- Supported examinations and minor procedures through **sterile technique**, instrument preparation, and efficient room turnover.
- Administered vaccines, TB skin tests, and ordered medications under provider direction, documenting responses in Epic.
- Coordinated **specialty referrals** and diagnostic testing through clear instructions and warm handoffs between clinical services.
- Monitored **medication supplies**, equipment readiness, expiration dates, and par levels to protect daily clinic operations.

Registered Nurse

June 2021 - June 2023

Lone Star Outpatient Partners

Katy, TX

Provided outpatient nursing care for multiple patients while supporting emergency readiness, clinical documentation, education, **infection prevention**, telephone service, and escalation of safety concerns.

- Prioritized multiple outpatient needs using clinical judgment, reporting changes promptly and supporting provider decisions.
- Completed CPR readiness checks, **oxygen administration**, IV therapy, waived testing, EKGs, and **specimen collection**.
- Reinforced medication and follow up teaching by adapting communication for comprehension, language, and learning barriers.
- Protected confidential records through accurate legal and ethical documentation aligned with **HIPAA** requirements.
- Completed **sterilization** logs after competency validation and maintained clean clinical areas through hand hygiene and **PPE**.
- Supported patient service standards through accurate telephone messages and timely escalation of complaints or safety concerns.

PROJECTS

Ambulatory Quality Controls 📅 2025

Built a dependable daily control routine for CLIA waived testing, temperature monitoring, equipment checks, and infection prevention documentation. Clear logs helped staff address issues early and support accreditation readiness.

Primary Care Referral Flow 📅 2024

Coordinated specialty referrals and diagnostic testing across primary care visits. Clear instructions, warm handoffs, and closed Epic follow up helped patients move forward with fewer missed details.

LEADERSHIP & AWARDS

- Recognized by ambulatory colleagues for dependable clinical resource support during high volume sessions.

- Commended for respectful patient communication, accurate documentation, and reliable referral coordination.
- Selected as a trusted contributor to PDSA improvement and accreditation readiness activities.

EDUCATION

Bachelor's Degree in Nursing

University of Houston GPA: 0

2021
Houston, TX

Coursework: Clinical nursing, pharmacology, health assessment, community health

CERTIFICATIONS

- Texas Registered Nurse License, Active 📅 2026
- Basic Life Support, American Heart Association 📅 2026
- Advanced Cardiovascular Life Support, American Heart Association 📅 2026
- Ambulatory Care Nursing Certification, AMB-BC 📅 2025

TECHNICAL SKILLS

- **Electronic Health Records:** Epic, patient charts, in basket
- **Diagnostic Testing:** EKG, spirometry, glucose testing
- **Laboratory Testing:** CLIA waived testing, urinalysis, Hemocult
- **Specimen Management:** Pap smears, biopsies, cultures
- **Medication Services:** Seven rights, immunizations, prescriptions
- **Emergency Care:** CPR, oxygen administration, IV therapy
- **Infection Prevention:** PPE, hand hygiene, aseptic technique
- **Sterilization Systems:** Instrument sterilization, sterilization logs, equipment care
- **Safety Standards:** OSHA, HIPAA, biohazard disposal
- **Quality Improvement:** PDSA, National Patient Safety Goals, AAAHC
- **Clinical Communication:** Telephone triage, warm transfers, interpreter coordination
- **Computer Applications:** Microsoft Windows, Epic, electronic documentation

SKILLS

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|-----------------------------|-------------------------|---------------------------|---------------------------|
| • Ambulatory nursing | • Immunizations | • Patient education | • Infection prevention |
| • Primary care | • TB skin testing | • Telephone management | • Patient confidentiality |
| • Patient assessment | • Allergy immunotherapy | • Clinical prioritization | • Emergency response |
| • Medication administration | • Specimen collection | • Referral coordination | |

PROFESSIONAL AFFILIATIONS

- American Nurses Association member, supporting ethical nursing practice and continuing professional learning.
- Texas Nurses Association member, connecting clinical practice with patient advocacy and community care.

LANGUAGES

- English (Native)
- Spanish (Intermediate)

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST