

Riya Rosario

Registered Nurse, ICU and CCU

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STRENGTHS

- ♥️ **Clinical judgment**
Repeatedly linked patient findings with timely nursing action, and peers sought guidance during changing ICU conditions.
- 💊 **Medication safety**
Used five Rights checks, allergy review, and response monitoring on high risk therapies. That routine kept care focused.
- 🗣️ **Patient education**
Adjusted teaching for readiness and family concerns, helping difficult information feel manageable during stressful hospital stays.
- 👥 **Accountable delegation**
Assigned appropriate support tasks and followed patient response closely. Colleagues valued clear expectations during demanding shifts.
- 🤝 **Calm collaboration**
Connected physicians, families, peers, and support staff through concise handoffs. Clear communication became a steady part of care.

SKILLS

Critical care nursing
Patient assessment
Nursing process Medication safety
Patient safety
Clinical documentation
Bedside reporting Delegation
Patient education
Interdisciplinary care
Family communication
Cultural responsiveness
Regulatory compliance

SUMMARY

Critical care **Registered Nurse** with eight years of experience supporting critically ill adults across ICU, CCU, and progressive care settings. Provides comprehensive assessments, clinically indicated reassessments, **nursing process** planning, medication administration, and precise documentation for complex medical and cardiac patients. Active, unobstructed Connecticut RN license supports practice within **Connecticut nursing scope**, hospital policy, ANA standards, and regulatory requirements. Coordinates **interdisciplinary care** with physicians, families, peers, and support staff while retaining accountability for delegated activities, safety interventions, handoffs, transfers, and discharges. BLS and CCRN credentials support current clinical practice. Patient and family education respects cultural differences, dignity, readiness, and emotional needs. Mentors developing nurses through practical guidance, calm escalation, and dependable bedside leadership. Brings focused judgment and compassionate care to demanding twelve hour shifts and changing patient conditions.

EXPERIENCE

Critical Care Registered Nurse, ICU and CCU

Parkview Regional Medical Center 📅 February 2023 to Present 📍 Bridgeport, CT

Supports high acuity medical and cardiac patients in ICU and CCU settings, coordinating bedside care, clinical escalation, medication safety, structured handoffs, delegated activities, education, and nurse mentorship.

- Integrated reassessments, **hemodynamic trends**, medication response, and interdisciplinary goals for **critically ill patients**.
- Recognized evolving **safety risks** and initiated timely interventions within **Connecticut nursing scope** and hospital policy.
- Administered high risk medications using five Rights checks, allergy review, parameters, and response documentation.
- Led **bedside shift reports** and structured rounds, preserving continuity across day and night teams.
- Coordinated delegated care with support staff, retaining accountability for completion, response, and documentation.
- Mentored newer nurses through assessment, documentation, **medication safety**, education, and unit workflow coaching.

Registered Nurse, Intensive Care Unit

Elm Ridge Hospital 📅 May 2020 to January 2023 📍 New Haven, CT

Managed adult ICU assignments requiring repeated assessment, nursing process documentation, medication administration, **patient education**, safety planning, multidisciplinary coordination, and complete transition documentation.

- Managed high acuity adult **ICU** assignments through repeated assessment and **nursing process** documentation.
- Updated nursing priorities from physical, mental, and emotional findings during physician **rounds**.
- Educated patients and families about **medications**, procedures, recovery expectations, and discharge needs.
- Applied safety protocols for falls, skin integrity, medications, lines, and mobility risks.
- Coordinated transfers and discharges with complete nursing documentation for receiving teams.
- Served as a clinical resource during complex assignments, reinforcing **delegation** and patient centered communication.

Registered Nurse, Progressive Care Unit

Harborline Medical Center 📅 July 2018 to April 2020 📍 Norwalk, CT

Provided progressive care for adults needing continuous monitoring and frequent reassessment, building critical care readiness through documentation, medication safety, escalation, education, and interdisciplinary communication.

Clinical leadership

Care coordination

LANGUAGES

English Native

Spanish Proficient

MY CAREER

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MONTHS

- Provided continuous monitoring and frequent reassessment for adults with changing clinical needs.
- Completed detailed assessments and documented care plans, **interventions**, **outcomes**, and escalation pathways.
- Administered medications after confirming identity, **allergies**, orders, parameters, and expected response.
- Conducted bedside reports with patients, families, physicians, and interdisciplinary team members.
- Delivered individualized education on **medications**, safety, follow up care, and symptom monitoring.
- Strengthened clinical judgment through continuing education, unit learning, and compliance focused practice.

Registered Nurse, Medical Surgical Unit

Coastal Connecticut Hospital 📅 June 2018 to June 2018 📍 Milford, CT

Completed supervised transition to practice assignments for adult medical surgical patients, developing safe bedside routines, clinical communication, delegation, education, and documentation habits.

- Completed supervised transition assignments for adult medical surgical patients after RN licensure.
- Performed head to toe assessments and documented findings, **interventions**, and patient responses.
- Applied medication safeguards and patient identification practices during early bedside practice.
- Communicated patient needs during interdisciplinary rounds and shift handoffs.
- Reinforced teaching about medications, mobility, safety, and discharge instructions.
- Built early practice in delegation, accountability, cultural responsiveness, and **regulatory compliance**.

PROJECTS

Critical Care Handoff Improvement 📅 2024

Refined bedside report habits across changing ICU assignments, helping teams share clinical priorities, safety risks, medication concerns, and coverage needs clearly.

Family Education Rounds 📅 2022

Supported patient and family teaching during intensive care stays, adapting explanations for readiness, cultural needs, procedures, medications, and transitions.

LEADERSHIP & AWARDS

- Recognized as a trusted clinical resource by ICU peers during complex patient assignments and changing conditions.
- Selected to mentor developing nurses in assessment, documentation, medication safety, patient education, and unit workflows.
- Commended for calm bedside communication, reliable handoffs, and safety focused critical care practice.

EDUCATION

Bachelor of Science in Nursing

Southern Connecticut State University 🎓 GPA: 3.5 📅 2018 📍 New Haven, CT

Coursework: *Critical Care Nursing, Pharmacology, Medical Surgical Nursing, Health Assessment*

CERTIFICATIONS

- Basic Life Support, American Heart Association 📅 2026
- Critical Care Registered Nurse, AACN Certification Corporation 📅 2023
- Connecticut Registered Nurse License, Active and Unobstructed 📅 2026

TECHNICAL SKILLS

- **Critical Care Practice:** ICU nursing, CCU nursing, progressive care
- **Nursing Assessment:** Initial assessment, reassessment, hemodynamic monitoring
- **Medication Administration:** Five Rights, allergy verification, response monitoring
- **Clinical Documentation:** Plans of care, interventions, outcomes
- **Patient Transitions:** Transfer documentation, discharge documentation, handoffs
- **Safety Practice:** Fall prevention, skin protection, line safety
- **Care Coordination:** Physician rounds, interdisciplinary rounds, bedside reports
- **Education Practice:** Patient teaching, family teaching, learning assessment
- **Professional Standards:** ANA standards, Connecticut scope, hospital policy
- **Credentials:** Connecticut RN license, BLS, CCRN
- **Delegation Practice:** Task delegation, supervision, accountability
- **Clinical Communication:** Active listening, escalation, handoff coverage

PROFESSIONAL AFFILIATIONS

- American Association of Critical Care Nurses, member supporting continued critical care learning.
- American Nurses Association, member aligned with professional nursing standards and ethical patient care.

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST