

Camryn Mata

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SUMMARY

Advanced Registered Nurse with eight years of progressive experience across **ambulatory care**, acute care, medical surgical nursing, triage, care transitions, quality assurance, and **staff development**. California licensed RN and American Heart Association BLS certified, with hands on experience assessing complex patients, building nursing plans, administering medications, drawing blood, supporting procedures, and delivering pediatric and adult vaccinations. Coordinates specialty referrals, discharge planning, payer documentation, follow up, and community resources with clear clinical records. Leads competency validation, preceptorship, **in service education**, clinic audits, inventory control, vaccine storage review, **digital data logger** review, and relief charge coverage. Works closely with physicians, families, case managers, and multidisciplinary teams to support safe care, sound clinical decisions, and reliable clinic operations.

EXPERIENCE

Senior Ambulatory Registered Nurse

July 2023 - Present

Sierra Grove Health Network

Sacramento, CA

Leads daily nursing operations across primary and specialty ambulatory clinics, supporting triage, referrals, vaccination, medication management, staff development, audits, and after hours coverage. Provides clinical direction during complex patient encounters and helps align frontline work with safe care, accurate records, and consistent clinic standards.

- Triage urgent symptoms across primary care clinics, routing patients toward timely physician evaluation and treatment.
- Validated new hire competencies through observed skills, chart review, and structured feedback during **orientation**.
- Managed vaccine storage, medication stock, **laboratory supplies**, temperature records, and **digital data logger** reviews.
- Audited medication storage, referral queues, documentation quality, and **standard work** for clinic readiness.
- Coordinated specialty referrals and post **discharge follow up** for patients with chronic and complex conditions.
- Covered relief charge and after hours call, balancing acuity, assignments, physician needs, and operations.

Registered Nurse II, Medical Surgical and Care Transitions

March 2020 - June 2023

Central Valley Medical Center

Modesto, CA

Provided full cycle nursing care for adult medical surgical patients while coordinating diagnostics, treatment, discharge readiness, payer records, and community support. Strengthened clinical judgment through focused assessment, escalation, patient teaching, care transition planning, and preceptorship for newly licensed nurses.

- Managed adult medical surgical care through assessment, **physician orders**, medications, diagnostics, and discharge priorities.
- Identified condition changes through focused assessment and chart review, then escalated findings for timely intervention.
- Prepared patients for examinations and diagnostic **procedures**, supporting physicians during **treatments** and recovery.
- Coordinated **discharge needs** with physicians, case managers, families, patients, and community service partners.
- Reviewed records for care progression, discharge readiness, **payer documentation**, and **continued stay** communication.
- Precepted newly licensed nurses in assessment, medication safety, documentation, prioritization, and escalation practices.

Registered Nurse I, Acute Care

September 2018 - February 2020

Harbor Point Regional Hospital

Stockton, CA

Delivered direct acute care for adult patients, managing assessments, care planning, medications, specimens, diagnostics, education, documentation, and multidisciplinary handoffs. Built an early foundation in safe transitions, infection prevention, peer learning, and communication with physicians and senior nurses.

- Delivered acute nursing care through assessment, care planning, **medication administration**, specimen collection, and evaluation.
- Performed **blood draws** and medication administration using identification, allergy checks, safety checks, and documentation.
- Prepared patients for examinations and diagnostic testing, organizing equipment and communicating observations to physicians.
- Educated patients and families about instructions, medications, disease management, discharge precautions, and **follow up**.
- Maintained concise records covering assessments, treatments, responses, and significant changes for multidisciplinary handoffs.
- Supported unit education, peer skill practice, infection prevention, and safe transition quality reviews.

PROJECTS

Community Vaccination Workflow 📅 2025

Improved clinic vaccination coordination through organized rooming, screening, documentation, supply checks, and follow up. Safer preparation gave families clearer guidance and helped staff protect consistent care during busy clinic sessions.

Complex Care Transition Review 📅 2023

Built a practical review approach for complex discharges, connecting medical records, payer documentation, referrals, family education, and community resources. Clearer transition steps supported continuity after hospitalization.

LEADERSHIP & AWARDS

- Recognized for dependable relief charge coverage and calm coordination during changing clinic demands.
- Selected to support new hire competency validation, preceptorship, and practical staff development.
- Commended for clear documentation and quality review work supporting safe patient transitions.

EDUCATION

Bachelor's Degree in Nursing
California State University, Sacramento GPA: 0
Coursework: Medical Surgical Nursing, Community Health Nursing, Pharmacology, Pathophysiology

2018
Sacramento, CA

CERTIFICATIONS

- California Registered Nurse License 2026
- American Heart Association Basic Life Support 2026
- California Driver's License 2026

TECHNICAL SKILLS

- **Ambulatory Nursing:** Primary care, Specialty clinics, Rooming
- **Acute Care Nursing:** Medical surgical care, Patient assessment, Care planning
- **Clinical Procedures:** Blood draws, Specimen collection, Diagnostic preparation
- **Medication Services:** Medication administration, Narcotic safety, Allergy verification
- **Immunization Services:** Pediatric vaccines, Adult vaccines, Vaccine storage
- **Care Transitions:** Discharge planning, Follow up, Community resources
- **Referral Operations:** Specialty referrals, Referral queues, Escalation pathways
- **Quality Management:** Clinic audits, Quality assurance, Standard work reviews
- **Staff Development:** Competency assessment, Preceptorship, In service education
- **Inventory Controls:** Medication supplies, Laboratory supplies, Temperature records
- **Clinical Documentation:** Medical records, Physician orders, Progress notes
- **Reimbursement Records:** Payer documentation, Continued stay review, Reimbursement requirements

SKILLS

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|-----------------------------|-------------------------|-------------------------|--------------------------|
| • Patient assessment | • Pediatric vaccination | • Discharge planning | • Preceptorship |
| • Nurse triage | • Adult vaccination | • Quality assurance | • Inventory management |
| • Care planning | • Phlebotomy | • Clinical audits | • Medical records review |
| • Medication administration | • Referral coordination | • Competency assessment | |

PROFESSIONAL AFFILIATIONS

- California Board of Registered Nursing, active California Registered Nurse license.
- American Heart Association, Basic Life Support certified member and clinical learner.

LANGUAGES

- English (Native)
- Spanish (Beginner)

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST