



Camryn Mata

Registered Nurse III, Ambulatory Care

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SUMMARY

Advanced Registered Nurse with eight years of progressive experience across **ambulatory care**, acute care, medical surgical nursing, triage, care transitions, quality assurance, and **staff development**. California licensed RN and American Heart Association BLS certified, with hands on experience assessing complex patients, building nursing plans, administering medications, drawing blood, supporting procedures, and delivering pediatric and adult vaccinations. Coordinates specialty referrals, discharge planning, payer documentation, follow up, and community resources with clear clinical records. Leads competency validation, preceptorship, **in service education**, clinic audits, inventory control, vaccine storage review, **digital data logger** review, and relief charge coverage. Works closely with physicians, families, case managers, and multidisciplinary teams to support safe care, sound clinical decisions, and reliable clinic operations.

EXPERIENCE

Senior Ambulatory Registered Nurse

Sierra Grove Health Network 📅 July 2023 - Present 📍 Sacramento, CA

Leads daily nursing operations across primary and specialty ambulatory clinics, supporting triage, referrals, vaccination, medication management, staff development, audits, and after hours coverage. Provides clinical direction during complex patient encounters and helps align frontline work with safe care, accurate records, and consistent clinic standards.

- Triage urgent symptoms across primary care clinics, routing patients toward timely physician evaluation and treatment.
- Validated new hire competencies through observed skills, chart review, and structured feedback during **orientation**.
- Managed vaccine storage, medication stock, **laboratory supplies**, temperature records, and **digital data logger** reviews.
- Audited medication storage, referral queues, documentation quality, and **standard work** for clinic readiness.
- Coordinated specialty referrals and post **discharge follow up** for patients with chronic and complex conditions.
- Covered relief charge and after hours call, balancing acuity, assignments, physician needs, and operations.

Registered Nurse II, Medical Surgical and Care Transitions

Central Valley Medical Center 📅 March 2020 - June 2023 📍 Modesto, CA

Provided full cycle nursing care for adult medical surgical patients while coordinating diagnostics, treatment, discharge readiness, payer records, and community support. Strengthened clinical judgment through focused assessment, escalation, patient teaching, care transition planning, and preceptorship for newly licensed nurses.

- Managed adult medical surgical care through assessment, **physician orders**, medications, diagnostics, and discharge priorities.
- Identified condition changes through focused assessment and chart review, then escalated findings for timely intervention.
- Prepared patients for examinations and diagnostic **procedures**, supporting physicians during **treatments** and recovery.
- Coordinated **discharge needs** with physicians, case managers, families, patients, and community service partners.
- Reviewed records for care progression, discharge readiness, **payer documentation**, and **continued stay** communication.
- Precepted newly licensed nurses in assessment, medication safety, documentation, prioritization, and escalation practices.

Registered Nurse I, Acute Care

Harbor Point Regional Hospital 📅 September 2018 - February 2020 📍 Stockton, CA

STRENGTHS



Clinical Triage

During busy clinic days, urgent symptoms received clear routing and timely escalation, helping physicians focus on patients needing immediate attention.



Staff Development

New nurses gained practical feedback through observed skills and chart review. Preceptorship became a trusted bridge from orientation into safe practice.



Care Transitions

Complex discharges received coordinated follow up, family teaching, and community connections. Small details helped patients leave with clearer next steps.



Quality Review

Audit work focused on medication storage, referrals, records, and standard work. Teams gained a clearer view of gaps worth fixing.



Clinic Operations

Supply checks, vaccine records, and data logger review kept daily care moving. Reliable preparation reduced avoidable interruptions for patients and staff.

SKILLS

Patient assessment Nurse triage

Care planning

Medication administration

Pediatric vaccination

Adult vaccination Phlebotomy

Referral coordination

Discharge planning

Quality assurance Clinical audits

Competency assessment

Preceptorship

Inventory management

Medical records review

LANGUAGES

English Native

Spanish Beginner

MY CAREER



● Senior Ambulatory
Registered Nurse at Sierra Grove
Health Network (3.2 Years)

● Registered Nurse II, Medical
Surgical and Care Transitions at
Central Valley Medical Center
(3.2 Years)

● Registered Nurse I, Acute
Care at Harbor Point Regional
Hospital (1.4 Years)

Delivered direct acute care for adult patients, managing assessments, care planning, medications, specimens, diagnostics, education, documentation, and multidisciplinary handoffs. Built an early foundation in safe transitions, infection prevention, peer learning, and communication with physicians and senior nurses.

- Delivered acute nursing care through assessment, care planning, **medication administration**, specimen collection, and evaluation.
- Performed **blood draws** and medication administration using identification, allergy checks, safety checks, and documentation.
- Prepared patients for examinations and diagnostic testing, organizing equipment and communicating observations to physicians.
- Educated patients and families about instructions, medications, disease management, discharge precautions, and **follow up**.
- Maintained concise records covering assessments, treatments, responses, and significant changes for multidisciplinary handoffs.
- Supported unit education, peer skill practice, infection prevention, and safe transition quality reviews.

PROJECTS

Community Vaccination Workflow 📅 2025

Improved clinic vaccination coordination through organized rooming, screening, documentation, supply checks, and follow up. Safer preparation gave families clearer guidance and helped staff protect consistent care during busy clinic sessions.

Complex Care Transition Review 📅 2023

Built a practical review approach for complex discharges, connecting medical records, payer documentation, referrals, family education, and community resources. Clearer transition steps supported continuity after hospitalization.

LEADERSHIP & AWARDS

- Recognized for dependable relief charge coverage and calm coordination during changing clinic demands.
- Selected to support new hire competency validation, preceptorship, and practical staff development.
- Commended for clear documentation and quality review work supporting safe patient transitions.

EDUCATION

Bachelor's Degree in Nursing

California State University, Sacramento 🎓 GPA: 0 📅 2018 📍 Sacramento, CA

Coursework: Medical Surgical Nursing, Community Health Nursing, Pharmacology, Pathophysiology

CERTIFICATIONS

- California Registered Nurse License 📅 2026
- American Heart Association Basic Life Support 📅 2026
- California Driver's License 📅 2026

TECHNICAL SKILLS

- **Ambulatory Nursing:** Primary care, Specialty clinics, Rooming
- **Acute Care Nursing:** Medical surgical care, Patient assessment, Care planning
- **Clinical Procedures:** Blood draws, Specimen collection, Diagnostic preparation
- **Medication Services:** Medication administration, Narcotic safety, Allergy verification
- **Immunization Services:** Pediatric vaccines, Adult vaccines, Vaccine storage
- **Care Transitions:** Discharge planning, Follow up, Community resources
- **Referral Operations:** Specialty referrals, Referral queues, Escalation pathways
- **Quality Management:** Clinic audits, Quality assurance, Standard work reviews
- **Staff Development:** Competency assessment, Preceptorship, In service education

- **Inventory Controls:** Medication supplies, Laboratory supplies, Temperature records
- **Clinical Documentation:** Medical records, Physician orders, Progress notes
- **Reimbursement Records:** Payer documentation, Continued stay review, Reimbursement requirements

PROFESSIONAL AFFILIATIONS

- California Board of Registered Nursing, active California Registered Nurse license.
- American Heart Association, Basic Life Support certified member and clinical learner.

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST