

Luciana Bowers

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SUMMARY

Newly graduated **Registered Nurse** with an active California RN License and current **American Heart Association** BLS certification, prepared for structured transition into perioperative nursing. Supervised clinical practicum and simulation experience includes circulating and scrub role fundamentals, sterile technique, surgical asepsis, positioning, surgical counts, medication safety, specimen handling, implant safety concepts, patient advocacy, and escalation of concerns. Academic work strengthened **evidence based practice**, quality improvement, clinical judgment, literature review, and concise handoff communication. Clinical learning covered preoperative, intraoperative, and postoperative workflows, with focused attention to dignity, privacy, informed care, multidisciplinary teamwork, and prevention of **retained surgical items**. Ready for progressive competency validation, professional mentorship, and safe development toward independent perioperative practice across changing patient care needs.

EDUCATION

Bachelor's Degree in Nursing
California State University, Long Beach GPA: 0
Coursework: Perioperative Nursing, Acute Care Clinical Practice, Evidence Based Practice, Quality Improvement

2026
Long Beach, CA

TECHNICAL SKILLS

- **Perioperative Practice:** Circulating nursing, scrub nursing, intraoperative workflow
- **Sterile Technique:** Surgical asepsis, sterile field setup, sterility breaks
- **Surgical Safety:** Surgical counts, retained item prevention, safety checks
- **Patient Positioning:** Positioning principles, privacy protection, pressure injury prevention
- **Medication Safety:** Medication verification, safe handling, intraoperative medications
- **Specimen Management:** Specimen identification, specimen handling, documentation
- **Implant Safety:** Implant verification, implant handling, implant documentation
- **Emergency Response:** Intraoperative deterioration, escalation, emergency actions
- **Clinical Communication:** Handoff communication, multidisciplinary teamwork, structured reporting
- **Evidence Practice:** Evidence based practice, literature review, evidence tables
- **Quality Improvement:** Process measures, competency validation, workflow improvement
- **Credentials:** California RN License, BLS, NIHSS

SKILLS

- Perioperative nursing
 - Circulating role
 - Scrub role
 - Surgical asepsis
- Sterile technique
 - Surgical counts
 - Patient positioning
 - Medication safety
- Specimen management
 - Implant safety
 - Emergency recognition
 - Patient advocacy
- Clinical judgment
 - Quality improvement
 - Multidisciplinary teamwork

EXPERIENCE

Perioperative Nursing Clinical Practicum
University Clinical Practicum

January 2026 - May 2026
Long Beach, CA

Completed supervised perioperative learning across preoperative, intraoperative, and postoperative workflows, connecting nursing education with patient centered surgical care and progressive competency development.

- Applied **sterile technique** during supervised cases and identified breaks in **surgical asepsis** during competency checks.
- Practiced patient identification, positioning, privacy, and safety principles through approved student clinical workflows.
- Observed circulating and scrub roles, **instrumentation**, equipment, supplies, medications, specimens, and implants across assigned cases.
- Rehearsed **surgical counts** and retained item prevention through **simulation**, explaining escalation steps for discrepancies.
- Used structured communication with instructors and clinical staff to report observations and clarify patient care priorities.
- Connected classroom evidence with perioperative judgment, **multidisciplinary teamwork**, and safe escalation of concerns.

Operating Room Simulation Lab
Student Lab

August 2025 - December 2025
Long Beach, CA

Completed supervised simulation training focused on operating room workflow, sterile practice, emergency recognition, communication, and **competency validation** for entry level perioperative readiness.

- Set up sterile fields and practiced surgical asepsis during faculty supervised **operating room** simulations.

- Rotated through **circulating** and scrub simulations, applying role boundaries, sequencing, instrumentation, and team coordination.
 - Recognized simulated **intraoperative** deterioration and escalated concerns while following assigned emergency response actions.
 - Performed sponge, sharp, and instrument counts, documenting discrepancies for faculty led remediation and debriefing.
 - Practiced **handoff communication** and patient advocacy centered on dignity, privacy, **informed care**, and escalation.
 - Completed competency checklists and reflective debriefs, documenting progress and identifying further learning needs.
- Perioperative Patient Safety Evidence Review

January 2025 - May 2025

Academic Research

Long Beach, CA

Conducted supervised nursing research on retained surgical item prevention, evidence based counting practices, communication, quality improvement, and implementation considerations in simulated perioperative care.

- Reviewed nursing literature with defined inclusion criteria and organized 18 peer reviewed sources into an evidence table.
- Compared recommendations for **surgical counts**, team **communication**, standardized processes, and technology supported safety practices.
- Developed a **quality improvement** proposal with process measures and competency reinforcement for a simulated surgical unit.
- Presented evidence findings to faculty and students, addressing implementation barriers and **patient safety** implications.
- Revised recommendations after faculty feedback, separating supported evidence from local workflow assumptions.
- Connected literature findings with reliable **escalation**, **patient advocacy**, and safer perioperative decision making.

PROJECTS

- Retained Surgical Item Prevention Review 📅 May 2025
- Reviewed 18 peer reviewed sources and developed a quality improvement proposal focused on surgical counts, communication, escalation, and competency reinforcement.
- Operating Room Simulation Competency Portfolio 📅 December 2025
- Completed structured scenarios covering sterile fields, surgical asepsis, positioning, medications, specimens, implants, emergencies, handoffs, and circulating and scrub role development.

LEADERSHIP & AWARDS

- Dean's List recognition, 2025 and 2026, reflecting sustained academic performance in nursing education.
- Nursing Student Clinical Excellence Recognition, 2026, honoring safe and compassionate supervised clinical practice.
- Evidence Based Practice Poster Recognition, 2025, for clear presentation of patient safety research.
- Student Nurse Peer Mentor, 2025 to 2026, supporting classmates through practical nursing skills and study guidance.

CERTIFICATIONS

- California Registered Nurse License, Active 📅 2026
- Basic Life Support, American Heart Association 📅 2026
- NIHSS Credential 📅 2026

PROFESSIONAL AFFILIATIONS

- Student Nurses Association member, 2024 to 2026, participating in professional nursing activities and peer connection.
- Nursing Skills Lab volunteer, 2025 to 2026, helping maintain supportive practice sessions for nursing students.

LANGUAGES

- English (Native)
- Spanish (Intermediate)

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST