

STRENGTHS

- Clinical judgment

Used focused assessments and telemetry findings to spot recovery concerns early. Colleagues valued clear escalation when patient status shifted.
- Patient education

Turned discharge instructions into practical steps for incision care, medications, mobility, and warning signs. Families often left feeling more prepared.
- Care coordination

Linked physicians, nurses, families, and post acute caregivers during transitions. A clear update often prevented a missed detail.
- Documentation

Kept EHR records current across assessments, interventions, outcomes, and transfers. Accurate notes made handoffs smoother for everyone.
- Safety focus

Applied infection control and patient safety standards during busy surgical workflows. Small checks kept care consistent when pace increased.

SKILLS

- Post Surgical Nursing

Telemetry
- Med Surgical Nursing
- Orthopedic Recovery
- Spine Recovery
- Patient Assessment
- Medication Administration
- EHR Documentation
- Patient Education
- Discharge Planning

SUMMARY

Registered Nurse with five years of acute care experience across post surgical, medical surgical, and telemetry settings, including more than three years focused on surgical recovery. Provides attentive bedside care through assessment, **medication administration**, telemetry interpretation, pain management, mobility support, and timely escalation of changing conditions. Coordinates physician orders, interdisciplinary communication, patient education, and safe transitions from admission through discharge. Maintains accurate **electronic health record** documentation, infection control, **National Patient Safety Goals**, **American Nurses Association standards**, and regulatory expectations. Clinical practice across orthopedic, spine, general, and other surgical procedures supports calm decision making in fast paced day shift environments. Focused on helping patients and families feel informed, respected, and prepared throughout recovery.

EXPERIENCE

Post Surgical and Telemetry Registered Nurse

Trinity Lakes Medical Center

May 2023 - Present

Fort Worth, TX

Provides day shift nursing care for adult post surgical and telemetry patients, supporting recovery, clinical safety, accurate records, patient education, and coordinated discharge planning within a high turnover surgical unit.

- Managed adult **post surgical** and **telemetry** care using focused assessments and timely escalation of changes.
- Coordinated physician orders, medications, **pain management**, mobility plans, and telemetry monitoring during **surgical recovery**.
- Documented assessments, interventions, responses, outcomes, and admission, discharge, and transfer status in EHR.
- Educated patients and families about incision care, medications, warning signs, activity, and follow up needs.
- Applied **infection control**, **National Patient Safety Goals**, ANA standards, and facility safety procedures daily.
- Reviewed care transition issues during quality activities, then adopted workflow improvements across daily practice.

Medical Surgical and Telemetry Registered Nurse

Prairie Bend Regional Hospital

June 2021 - April 2023

Arlington, TX

Delivered acute nursing care for medical surgical and telemetry patients with varied acuity, balancing scheduled treatment, rhythm surveillance, medication safety, **patient education**, documentation, and post acute coordination.

- Delivered **medical surgical** and **telemetry** care while monitoring rhythm, pain, mobility, and respiratory status.
- Implemented provider orders and administered medications using verification, monitoring, and documentation standards.
- Used telemetry, bedside assessment, and laboratory findings to recognize deterioration and communicate concise updates.
- Maintained complete EHR records for assessments, interventions, care plans, education, and **discharge** milestones.
- Prepared patients and **families** with medication teaching, follow up instructions, mobility guidance, and post acute coordination.
- Supported infection prevention and quality initiatives by reporting documentation and workflow risks.

PROJECTS

Post Surgical Care Transition Review

2026

Infection Control

Patient Safety Goals

Clinical Judgment

Quality Improvement

Care Coordination

LANGUAGES

English Native

Spanish Intermediate

MY CAREER



● Post Surgical and Telemetry Registered Nurse at Trinity Lakes Medical Center (3.4 Years)

● Medical Surgical and Telemetry Registered Nurse at Prairie Bend Regional Hospital (1.8 Years)

Reviewed admission, discharge, and transfer documentation patterns within surgical recovery workflows. Connected bedside findings with patient education, medication instructions, mobility planning, and follow up needs so care transitions felt clearer for patients and families.

Telemetry Escalation Practice 📅 2025

Applied telemetry interpretation, focused assessment, and concise provider communication during changing patient conditions. Practice reinforced calm clinical judgment, timely escalation, and coordinated care for patients recovering from surgery or managing acute medical needs.

LEADERSHIP & AWARDS

- Recognized by unit peers for dependable support during high turnover surgical admissions and discharges.
- Selected for continued participation in quality reviews focused on documentation accuracy and safer care transitions.
- Provided informal peer support on telemetry observation, patient education, and recovery focused bedside communication.

EDUCATION

Bachelor's Degree in Nursing

Texas Christian University 🎓 GPA: 4.0 📅 2021 📍 Fort Worth, TX

Coursework: Medical surgical nursing, telemetry nursing, pharmacology, community health nursing

CERTIFICATIONS

- Texas Registered Nurse License 📅 2026
- American Heart Association Basic Life Support, BLS 📅 2026
- American Heart Association Advanced Cardiovascular Life Support, ACLS 📅 2026

TECHNICAL SKILLS

- **Clinical Nursing:** Patient assessment, nursing process, clinical judgment
- **Telemetry Care:** Telemetry interpretation, cardiac rhythm monitoring, change recognition
- **Medication Management:** Medication administration, physician orders, response monitoring
- **Electronic Health Records:** EHR documentation, clinical communication, status updates
- **Care Transitions:** Admission documentation, discharge planning, transfer coordination
- **Patient Education:** Recovery education, medication teaching, follow up guidance
- **Post Surgical Care:** Orthopedic recovery, spine recovery, incision care
- **Safety Standards:** National Patient Safety Goals, ANA standards, Joint Commission requirements
- **Infection Prevention:** Infection control, safety procedures, prevention practices
- **Life Support:** BLS, ACLS, emergency response
- **Quality Improvement:** Quality reviews, workflow improvement, outcome monitoring
- **Communication Systems:** Email, computer systems, interdisciplinary communication

PROFESSIONAL AFFILIATIONS

- American Nurses Association, professional nursing standards and patient centered practice.
- American Heart Association, current BLS and ACLS certified nursing professional.

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST