

Sadie Davidson

Registered Nurse, Preop and PACU

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STRENGTHS

- ♥️ **Focused Assessment**
During recovery, integrated airway, vital signs, pain, nausea, neurologic, and site findings before advancing care.
- 👥 **Calm Family Support**
When families felt uncertain, offered clear recovery updates and practical next steps that built confidence.
- 🔔 **Clinical Escalation**
A changing recovery pattern prompted concise physician communication and timely evaluation before concerns grew.
- ☰ **Care Prioritization**
Balanced several recovering patients by acuity, scheduled therapies, safety risks, and discharge readiness.
- 🗣️ **Patient Education**
Teach back conversations made medication, activity, warning signs, and follow up instructions easier to act on.

SKILLS

Preoperative assessment
PACU nursing
Post anesthesia recovery
Postoperative care
Vital sign monitoring
Pain management IV therapy
Medication administration
Discharge planning
Patient education Family support
Medical records
Clinical prioritization
Condition recognition
Interdisciplinary communication

SUMMARY

Registered Nurse with seven years of progressive perioperative and acute care experience across ambulatory surgery and hospital settings. Provides focused **preoperative assessment**, Phase I and Phase II post anesthesia recovery, airway and hemodynamic observation, pain and **nausea management**, IV therapy, medication administration, and discharge readiness evaluation. Recognizes condition changes early, communicates concise findings with physicians and anesthesia professionals, and records complete clinical information. Patient and family education covers recovery progress, home care, warning signs, medications, mobility, and follow up expectations. Calm communication supports trust during stressful transitions, while organized prioritization keeps several recovering patients safe. Active **New Hampshire Registered Nurse license**, current BLS and ACLS credentials, and **Bachelor of Science in Nursing** support dependable care in a fast paced surgical environment.

EXPERIENCE

PACU Registered Nurse

Merrimack Ambulatory Surgery Partners 📅 July 2023 - Present 📍 Concord, NH

Supports Phase I and Phase II recovery operations in an ambulatory surgical center, managing airway observation, **focused assessments**, medication response, discharge readiness, family communication, and interdisciplinary handoffs. Scope includes simultaneous patient monitoring, clinical escalation, accurate records, and safe transitions home.

- Integrated **airway**, respiratory, cardiovascular, neurologic, pain, nausea, and site assessments for discharge decisions.
- Monitored multiple post anesthesia patients, escalating vital sign changes promptly to anesthesia providers and surgeons.
- Administered **IV fluids**, **analgesics**, antiemetics, and recovery medications, then documented patient responses.
- Reviewed mobility, oral intake, pain control, **medications**, **warning signs**, and follow up expectations before discharge.
- Delivered concise handoffs among preoperative, operating room, anesthesia, and recovery teams during fast patient flow.
- Supported anxious patients and families with clear recovery updates while protecting privacy and safety.

Preop and PACU Registered Nurse

Lakes Region Medical Pavilion 📅 May 2021 - June 2023 📍 Laconia, NH

Managed same day procedural preparation and post anesthesia recovery, coordinating focused assessments, medication and IV therapy, **patient education**, **discharge planning**, and condition changes with surgeons, anesthesia professionals, and nursing colleagues. Accurate records supported continuity from procedure through home care.

- Verified **preoperative assessment** findings and readiness information before same day procedural handoff.
- Trended **oxygenation**, pain, nausea, consciousness, **vital signs**, and site findings after anesthesia.
- Implemented medication and IV therapy orders, then evaluated effectiveness before advancing recovery milestones.
- Used teach back education for **home care**, activity, medications, symptoms, and escalation criteria.
- Coordinated condition changes with surgeons, anesthesia professionals, and nursing colleagues for timely evaluation.
- Completed perioperative documentation and discharge records supporting continuity between recovery and home instructions.

Medical Surgical Registered Nurse

Capital Regional Hospital 📅 June 2019 - April 2021 📍 Concord, NH

LANGUAGES

English Native

Spanish Intermediate

MY CAREER



● PACU Registered Nurse at Merrimack Ambulatory Surgery Partners (3.2 Years)

● Preop and PACU Registered Nurse at Lakes Region Medical Pavilion (2.1 Years)

● Medical Surgical Registered Nurse at Capital Regional Hospital (1.8 Years)

Delivered acute nursing care for postoperative and medical patients, building a strong foundation in assessment, medication administration, IV therapy, pain control, mobility, discharge education, electronic documentation, and structured communication. Managed competing priorities across multi patient assignments while protecting safety.

- Delivered postoperative and medical care through assessment, medication administration, IV therapy, pain control, and mobility support.
- Performed serial assessments and vital sign monitoring, communicating significant changes promptly to **physicians**.
- Organized multi patient assignments around acuity, scheduled therapies, safety risks, and discharge needs.
- Administered oral, injectable, and IV **medications** with verification and follow up response assessment.
- Prepared patients and families with medication review, wound guidance, activity instructions, and follow up plans.
- Maintained complete electronic nursing records and structured handoffs covering condition, interventions, and unresolved needs.

PROJECTS

Ambulatory Recovery Readiness Workflow 📅 2024

Improved recovery flow by organizing assessment checkpoints for airway status, pain, nausea, oral intake, mobility, education, and discharge readiness. Clear checkpoints supported consistent decisions across Phase I and Phase II care.

Patient and Family Discharge Education 📅 2022

Strengthened same day discharge conversations through teach back prompts covering medications, activity, warning signs, expected symptoms, and follow up. Families received clearer next steps during recovery transitions.

LEADERSHIP & AWARDS

- Recognized by perioperative colleagues for calm patient and family communication during high volume recovery periods.
- Selected by nursing peers as a dependable resource for focused assessments, discharge readiness, and concise clinical handoffs.
- Earned sustained trust from physicians and anesthesia professionals through timely escalation of changing patient conditions.

EDUCATION

Bachelor of Science in Nursing

University of New Hampshire 🎓 GPA: 3.5 📅 2019 📍 Durham, NH

Coursework: Perioperative Nursing, Pharmacology, Adult Health, Community Health

CERTIFICATIONS

- New Hampshire Registered Nurse License 📅 2026
- Basic Life Support BLS 📅 2026
- Advanced Cardiovascular Life Support ACLS 📅 2026

TECHNICAL SKILLS

- **Perioperative Nursing:** Preoperative assessment, PACU nursing, postoperative care
- **Patient Assessment:** Focused assessment, vital sign monitoring, neurologic assessment
- **Recovery Monitoring:** Airway observation, oxygenation monitoring, hemodynamic observation
- **Medication Therapy:** Analgesics, antiemetics, IV fluids
- **Clinical Documentation:** Electronic medical records, perioperative records, discharge records
- **Patient Education:** Teach back, home care education, warning sign education
- **Discharge Coordination:** Discharge readiness, discharge planning, follow up planning
- **Pain and Symptom Care:** Pain management, nausea management, comfort measures
- **Care Coordination:** Physician communication, anesthesia collaboration, interdisciplinary handoffs

- **Safety and Prioritization:** Clinical prioritization, condition change recognition, patient safety
- **Licensure and Resuscitation:** New Hampshire RN license, BLS, ACLS

PROFESSIONAL AFFILIATIONS

- Professional nursing participation focused on safe perioperative care, patient education, and continuity across care transitions.
- Clinical collaboration with surgeons, anesthesia professionals, nurses, patients, and families supports coordinated recovery decisions.

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST