

STRENGTHS

- ♥

Patient Advocacy

Spoke up when physical or emotional needs changed, helping patients receive timely support and clearer care plans.
- 🧠

Clinical Judgment

During busy clinic visits, focused assessment helped identify meaningful changes and guide prompt provider communication.
- 👥

Care Coordination

Referral and discharge details stayed connected across disciplines, giving patients practical next steps after care.
- 📖

Patient Education

Adjusted explanations for age, culture, and health literacy, making treatment instructions easier for families to follow.
- 🤝

Calm Collaboration

Interdisciplinary partners relied on concise updates and organized follow through when patient needs became more involved.

SKILLS

- Patient Assessment

Medication Administration

Mental Health Care

Nursing Process

Clinical Documentation

Specimen Collection

Patient Advocacy

Discharge Planning

Care Coordination

Critical Thinking

Patient Education

Activities of Daily Living

SUMMARY

Registered Nurse with four years of progressive experience across **behavioral health**, outpatient clinic, and medical surgical care. Provides patient centered nursing through focused assessment, nursing process interventions, medication administration, specimen collection, clinical treatments, and timely documentation. Supports patients with mental health needs while monitoring physical status, **emotional well being**, **activities of daily living**, and treatment response. Communicates meaningful changes clearly with physicians, families, and interdisciplinary care teams, using critical thinking and decisive judgment in fast paced settings. Coordinates referrals, discharges, follow up care, education, and psychosocial support with compassion and cultural awareness. An active Alabama RN license, Bachelor of Science in Nursing, and current **Basic Life Support** certification support safe, evidence based practice and dependable clinical contribution.

EXPERIENCE

Registered Nurse, Behavioral Health Clinic

Willow Creek Behavioral Health Center

May 2025 - Present

Huntsville, AL

Provides direct outpatient **behavioral health nursing** for adults, coordinating assessment, treatment, medication safety, education, documentation, referrals, and interdisciplinary communication. Supports clinic quality activities and continuing education while protecting patient dignity and continuity of care.

- Delivered **behavioral health** assessments and care interventions, supporting safer treatment decisions for adult **patients**.
- Administered medications, collected specimens, and evaluated treatment responses within Alabama **RN scope of practice**.
- Recognized condition changes through focused assessment, then communicated concise updates with **physicians** and care partners.
- Coordinated referrals, follow up visits, discharge needs, and psychosocial resources for clearer continuity plans.
- Adapted medication and self care education for patient age, culture, health literacy, and family needs.
- Maintained timely documentation of assessments, interventions, education, responses, and clinical communications for reliable handoffs.

Clinic Registered Nurse

Cedar Valley Medical Group

March 2024 - April 2025

Madison, AL

Managed ambulatory nursing workflows across scheduled visits, balancing **patient assessment**, **medication administration**, specimen collection, treatment preparation, education, referrals, and documentation. Supported providers and families through organized care coordination and performance improvement work.

- Prioritized ambulatory assessments and rooming workflows, helping providers address patient needs during busy **clinic** sessions.
- Prepared patients for treatments, verified medications, and documented education accurately within electronic clinical records.
- Collected specimens and monitored symptoms, vital signs, functional needs, and treatment responses for provider review.
- Coordinated **referrals**, diagnostic follow up, and discharge instructions with **families**, providers, and outside services.
- Adjusted education for age, culture, health literacy, and family involvement during care plan discussions.
- Reviewed recurring workflow issues and applied updated processes during daily patient care and quality activities.

Registered Nurse, Medical Surgical

Clinical Treatments

Interdisciplinary Care

Performance Improvement

LANGUAGES

English Native

Spanish Beginner

MY CAREER



● Registered Nurse, Behavioral Health Clinic at Willow Creek Behavioral Health Center (1.3 Years)

● Clinic Registered Nurse at Cedar Valley Medical Group (1.1 Years)

● Registered Nurse, Medical Surgical at Pine Ridge Community Hospital (1.3 Years)

Pine Ridge Community Hospital 📅 October 2022 - February 2024 📍 Florence, AL

Delivered bedside care for adult medical surgical patients, applying **nursing process** principles across assessment, intervention, **medication administration**, reassessment, mobility, hygiene, nutrition, discharge planning, and interdisciplinary communication.

- Organized bedside assessments and nursing interventions through each shift, supporting consistent care for acute conditions.
- Managed competing priorities and escalated deterioration promptly through clear physician and nursing team communication.
- Administered medications, collected specimens, and provided routine treatments according to individualized care plans.
- Supported hygiene, **elimination**, nutrition, **ambulation**, and mobility needs while preserving patient dignity and safety.
- Prepared patients and families for discharge through medication teaching, warning signs, and follow up instructions.
- Documented condition, interventions, education, and responses promptly, supporting safe handoffs across caregivers.

PROJECTS

Behavioral Health Care Continuity Initiative 📅 2026

Connected assessment, patient education, referrals, discharge planning, and follow up communication into a clearer outpatient care workflow. Supported safer transitions and more consistent interdisciplinary coordination.

Clinic Quality Documentation Review 📅 2025

Reviewed clinical documentation practices across assessments, interventions, education, responses, and communications. Applied workflow updates that supported timely records and reliable patient care.

LEADERSHIP & AWARDS

- Recognized by behavioral health colleagues for compassionate patient advocacy and clear clinical communication.
- Selected by nursing peers as a dependable partner during complex care coordination and discharge planning.
- Contributed to unit quality activities and continuing education that supported safe, consistent patient care.

EDUCATION

Bachelor of Science in Nursing

University of Alabama in Huntsville 🎓 GPA: 0 📅 2022 📍 Huntsville, AL

Coursework: Behavioral health nursing, patient assessment, pharmacology, care coordination

CERTIFICATIONS

- Alabama Registered Nurse License 📅 2026
- Basic Life Support 📅 2026

TECHNICAL SKILLS

- **Nursing Practice:** Nursing process, patient assessment, care planning
- **Behavioral Health:** Mental health care, emotional status monitoring, patient advocacy
- **Medication Care:** Medication administration, medication safety, treatment response
- **Clinical Assessment:** Vital signs, symptom monitoring, functional assessment
- **Specimen Services:** Specimen collection, labeling, clinical handling
- **Patient Support:** Hygiene care, elimination support, nutrition support
- **Mobility Support:** Ambulation assistance, mobility care, safety support
- **Care Transitions:** Discharge planning, referrals, follow up coordination
- **Clinical Education:** Patient education, family education, health literacy

- **Documentation Systems:** Electronic documentation, clinical records, timely charting
- **Quality Practice:** Performance improvement, quality review, continuing education
- **Emergency Readiness:** Basic Life Support, escalation, decisive judgment

PROFESSIONAL AFFILIATIONS

- Alabama nursing community, active Registered Nurse license holder committed to ethical patient care.
- Interdisciplinary care teams, contributing thoughtful communication across physicians, families, and clinical partners.

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST