

# Diana Keith

## Registered Nurse, General Medicine

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📍 Stamford, CT 06902

### STRENGTHS



#### Clinical Assessment

Reassessment caught meaningful changes during busy shifts, giving providers clearer information for timely decisions.



#### Medication Safety

Reviewing allergies, parameters, and responses before administration helped protect patients and earned peer trust.



#### Patient Education

Teach back made difficult instructions feel manageable, especially when families needed another calm explanation.



#### Care Coordination

Bedside reports connected nurses, patients, and families around practical next steps during transitions.



#### Clinical Accountability

Delegated work was checked thoughtfully, preserving scope awareness and keeping patient outcomes visible.

### SKILLS

Patient assessment Care planning

Medication safety

Patient education Patient safety

Nursing process Bedside reporting

Care coordination

Clinical leadership

Patient advocacy Delegation

Discharge planning

Regulatory compliance

Clinical judgment

Cultural responsiveness

### SUMMARY

Registered Nurse with three years of progressive acute care experience supporting adult **general medicine** and medical surgical patients in hospital settings. Provides **direct nursing care** through comprehensive assessment, reassessment, care planning, **medication administration**, patient education, discharge preparation, and complete electronic documentation. Coordinates interdisciplinary care with physicians, nursing peers, patients, families, and support staff while maintaining accountability for delegated activities. Applies the **five Rights of Medication Administration**, identifies fall and medication risks, conducts bedside shift reports, and supports safe transitions of care. Communicates clearly during changing patient conditions and adapts education for health literacy, cultural preferences, and family needs. Maintains active Connecticut RN licensure and BLS certification. Brings steady clinical judgment, ethical practice, peer support, and commitment to safe, dignified patient care.

### EXPERIENCE

#### Registered Nurse, Medical Surgical Unit

Harborview Regional Medical Center 📅 July 2025 - Present 📍 Stamford, CT

Supports adult patients with varied acute and chronic conditions on a medical surgical unit.

Manages full shift care, clinical documentation, medication safety, **patient education**, delegation, handoffs, and interdisciplinary communication while preserving RN accountability.

- Manage **adult patients** through head to toe assessments, reassessments, and individualized nursing plans.
- Apply **five Rights of Medication Administration** after reviewing allergies, labs, parameters, and **adverse effects**.
- Coordinate bedside shift reports covering priorities, tests, precautions, mobility needs, and discharge barriers.
- Identify fall, skin, mobility, and medication risks, then initiate precautions and timely clinical escalation.
- Deliver **discharge** and medication teaching with **teach back**, documenting comprehension and follow up needs.
- Delegate support activities, verify completion, and coach staff within scope of practice.

#### Registered Nurse, Adult Inpatient Care

Lakeside Community Hospital 📅 September 2023 - June 2025 📍 Norwalk, CT

Provided direct inpatient nursing care for adults with respiratory, gastrointestinal, cardiac, infectious, and mobility needs. Integrated assessment findings into prioritized **care plans**, coordinated transfers and discharges, and supported safe communication among patients, families, nurses, and interdisciplinary clinicians.

- Provided direct care for adults with respiratory, gastrointestinal, cardiac, infectious, and mobility needs.
- Administered scheduled and as needed medications after confirming identity, **allergies**, orders, and parameters.
- Recognized changes in mental status, pain, oxygenation, and hemodynamic trends for provider evaluation.
- Completed transfer and discharge records, reviewed instructions, and communicated outstanding needs to receiving teams.
- Used **bedside rounds** to align patients, families, nurses, and clinicians on goals and precautions.
- Adapted education through plain language, **teach back**, **cultural responsiveness**, and family involvement.

### PROJECTS

General Medicine Safety Rounds 📅 2026

LANGUAGES

|         |              |
|---------|--------------|
| English | Native       |
| Spanish | Intermediate |

MY CAREER



- Registered Nurse, Medical Surgical Unit at Harborview Regional Medical Center (1.2 Years)
- Registered Nurse, Adult Inpatient Care at Lakeside Community Hospital (1.8 Years)

Supported a structured bedside review of risks, care priorities, mobility precautions, education needs, and transition plans. The approach helped patients and families feel heard during changing clinical conditions.

Patient Education Teach Back Initiative 📅 2025

Applied plain language and teach back during discharge preparation, helping patients and families confirm medication instructions, warning signs, follow up needs, and personal care plans.

LEADERSHIP & AWARDS

- Recognized by nursing peers for dependable bedside handoff communication and calm support during changing patient conditions.
- Commended in clinical practice for clear patient education, respectful communication, and consistent documentation.

EDUCATION

Associate of Science in Nursing

Norwalk Community College 🎓 GPA: 4.0 📅 2023 📍 Norwalk, CT

*Coursework: Adult health nursing, pharmacology, care planning, patient assessment*

CERTIFICATIONS

- Connecticut Registered Nurse License, Active 📅 2026
- Basic Life Support, American Heart Association 📅 2026

TECHNICAL SKILLS

- **Nursing Practice:** ANA scope of practice, nursing process, clinical accountability
- **Patient Assessment:** Initial assessment, reassessment, physical findings
- **Medication Administration:** Five Rights, allergy review, adverse effect monitoring
- **Electronic Documentation:** Electronic health records, care plans, outcome records
- **Patient Safety:** Fall precautions, skin protection, mobility safety
- **Care Transitions:** Bedside shift report, bedside rounds, handoff coverage
- **Patient Education:** Teach back, health literacy, family instruction
- **Clinical Coordination:** Interdisciplinary care, physician communication, care planning
- **Delegation Practice:** Task delegation, completion checks, scope accountability
- **Compliance Standards:** ANA standards, accreditation requirements, regulatory compliance

PROFESSIONAL AFFILIATIONS

- Connecticut nursing community, supporting ethical practice, continuing education, and patient centered care.
- American Heart Association learning community, maintaining current Basic Life Support knowledge and response readiness.

ADDITIONAL INFORMATION

**Work Status** : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST