

Scarlett Simon

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SUMMARY

Registered Nurse with three years of **acute care** experience supporting adults through stroke recovery, orthopedic procedures, deconditioning, and complex medical illness. Provides systematic physiologic, psychological, and cognitive assessment, then builds prioritized plans around mobility, **skin integrity**, pain, medications, nutrition, elimination, safety, and functional goals. Uses ongoing reassessment to identify changes, evaluate outcomes, and adjust interventions with physicians, therapists, case managers, nursing assistants, patients, and families. Patient education covers medications, warning signs, safe transfers, **fall prevention**, self care, and discharge readiness, with teaching adapted to cognition and readiness. Holds an active **Connecticut Registered Nurse license**, BLS certification, and Bachelor of Science in Nursing. Brings sound bedside judgment, accurate documentation, physical readiness, and dependable collaboration to rehabilitation care.

EXPERIENCE

Registered Nurse, Medical Rehabilitation

April 2025 - Present

Soundview Community Hospital

Norwalk, CT

Supports adult rehabilitation patients recovering from stroke, orthopedic procedures, deconditioning, and complex illness. Leads shift level assessment, care planning, education, documentation, and interdisciplinary coordination while connecting acute surveillance with functional recovery goals.

- Assessed physiologic, **psychological**, and cognitive status for **rehabilitation** patients throughout each day shift.
- Prioritized mobility, skin integrity, pain, nutrition, elimination, medication, and fall prevention interventions.
- Coordinated physicians, physical therapists, occupational therapists, speech pathologists, **case managers**, and **nursing assistants**.
- Taught patients and families medications, warning signs, safe transfers, fall precautions, and discharge instructions.
- Evaluated intervention response, documented outcomes electronically, and updated priorities based on **patient progress**.
- Completed **infection prevention**, safety, regulatory, and compliance workflows during demanding rehabilitation shifts.

Registered Nurse, Medical Surgical Unit

October 2023 - March 2025

Coastal Connecticut Medical Center

Bridgeport, CT

Managed adult medical surgical care across varied acute diagnoses, balancing assessment, medication administration, mobility support, wound care, discharge preparation, and escalation. Worked with providers and support disciplines to maintain safe progression, clear handoffs, and accurate compliance records.

- Established shift priorities from **assessment** findings, provider orders, safety risks, and available resources.
- Performed focused reassessments, **medication administration**, wound care, **mobility support**, and post procedure monitoring.
- Translated diagnoses into measurable **care goals**, then revised interventions when patient **outcomes** changed.
- Prepared patients and families for discharge using medication teaching, teach back, and mobility guidance.
- Coordinated physicians, pharmacy, therapy services, case management, and support staff across care transitions.
- Maintained **BLS** readiness, electronic documentation, infection control, fall precautions, and unit compliance standards.

PROJECTS

Rehabilitation Transition Planning 📅 2026

Built a practical transition planning workflow for adult rehabilitation patients, connecting education, mobility goals, medication teaching, safety needs, and follow up readiness in one coordinated bedside process.

Interdisciplinary Recovery Rounds 📅 2025

Supported structured recovery discussions that brought nursing observations, therapy progress, patient priorities, and discharge barriers into clearer daily care decisions.

LEADERSHIP & AWARDS

- Clinical Excellence Recognition, Soundview Community Hospital, 2026
- Patient Education Recognition, Coastal Connecticut Medical Center, 2025
- Rehabilitation Care Leadership Commendation, Soundview Community Hospital, 2026

EDUCATION

Bachelor's Degree in Nursing

2023

Southern Connecticut State University GPA: 4.0

New Haven, CT

Coursework: Adult health nursing, rehabilitation nursing, pharmacology, health assessment

CERTIFICATIONS

- Connecticut Registered Nurse License, Active 📅 2023
- Basic Life Support, American Heart Association 📅 2026

TECHNICAL SKILLS

- **Nursing Practice:** Nursing process, acute care nursing, rehabilitation nursing
- **Clinical Assessment:** Physiologic assessment, psychological assessment, cognitive assessment
- **Care Planning:** Nursing diagnoses, prioritized care plans, goal directed care
- **Patient Safety:** Fall prevention, safe transfers, skin integrity
- **Patient Education:** Medication teaching, teach back, discharge education
- **Mobility Care:** Mobility support, functional recovery, patient movement
- **Clinical Documentation:** Electronic health records, outcome documentation, shift documentation
- **Medication Care:** Medication administration, medication reconciliation, warning signs
- **Interdisciplinary Care:** Physicians, physical therapy, occupational therapy
- **Clinical Support:** Speech language pathology, case management, nursing assistants
- **Compliance Practice:** Infection prevention, regulatory compliance, safety workflows
- **Emergency Readiness:** Basic Life Support, status escalation, acute surveillance

SKILLS

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|----------------------|----------------------------------|-----------------------------|--------------------------|
| • Patient Assessment | • Interdisciplinary Coordination | • Medication Administration | • Discharge Education |
| • Care Planning | • Rehabilitation Nursing | • Mobility Support | • Clinical Documentation |
| • Outcome Evaluation | • Acute Care Nursing | • Fall Prevention | • BLS Certification |
| • Patient Education | • Nursing Process | • Skin Integrity | |

PROFESSIONAL AFFILIATIONS

- American Nurses Association member, focused on professional nursing practice
- Connecticut Nurses Association member, supporting statewide nursing engagement

LANGUAGES

- English (Native)
- Spanish (Intermediate)

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST