

Sylvia Cabrera

Registered Nurse, Surgical ICU Graduate Nurse Intern

📞 (269) 555-7314

✉️ sylvia.cabrera@example.com

🌐 linkedin.com/example/sylviacabrera

📍 Kalamazoo, MI 49007

STRENGTHS

- ♥️ **Early Escalation**
During inpatient shifts, noticed changing respiratory effort and mental status, then shared concise observations with nurses before concerns grew.
- ♥️ **Bedside Safety**
Postoperative patients received careful mobility, skin, fall, and infection prevention support; small checks helped nurses trust follow through.
- 📌 **Clear Documentation**
Electronic health record entries captured care and observations promptly, giving incoming staff a cleaner picture during shift handoff.
- 🔍 **Clinical Curiosity**
Asked for supervised exposure to oxygen, drains, lines, and nutrition support, turning each bedside moment into a focused learning step.
- 🗣️ **Calm Communication**
Simulation handoffs practiced concise status updates and unresolved concerns, helping peers and faculty see organized thinking during urgent events.

SKILLS

Adult acute care

Postoperative assessment

Critical care simulation

Physiologic monitoring

Ventilator concepts

Swan Ganz monitoring

Fluid and electrolyte management

Parenteral nutrition

Rapid response communication

Electronic health records

Nursing documentation

SUMMARY

New graduate Bachelor of Science in Nursing candidate prepared for supervised adult **Surgical ICU** practice through inpatient technician work, critical care simulation, research, and senior practicum learning. Clinical preparation covers **postoperative assessment**, **physiologic monitoring**, ventilator concepts, **fluid and electrolyte correction**, parenteral nutrition, respiratory failure, multisystem dysfunction, and escalation of clinical concerns. Bedside work with adult medical surgical and step down patients strengthened safe care, infection prevention, electronic health record documentation, and communication with licensed nurses. Faculty supervised simulation included invasive hemodynamic monitoring concepts, rapid response workflows, surgical recovery, and transplant related care priorities. A 3.72 GPA, BLS certification, student leadership, research presentation recognition, and NCLEX RN preparation support continued growth through classroom instruction and precepted bedside practice.

EDUCATION

Bachelor's Degree in Nursing

Western Michigan University 🎓 GPA: 3.72 📅 2026 📍 Kalamazoo, MI

***Coursework:** Adult acute care, critical care nursing, physiologic monitoring, nursing assessment, fluid and electrolyte management*

TECHNICAL SKILLS

- **Clinical Assessment:** Postoperative assessment, adult acute care, nursing process
- **Critical Care Monitoring:** Physiologic monitoring, Swan Ganz monitoring, hemodynamic assessment
- **Respiratory Support:** Ventilator support, oxygen therapy, respiratory failure
- **Nutrition Support:** Parenteral nutrition, intake and output, nutrition assessment
- **Fluid Management:** Fluid correction, electrolyte correction, renal failure
- **Patient Safety:** Fall prevention, skin protection, safe patient handling
- **Infection Prevention:** Infection control, standard precautions, isolation practices
- **Clinical Communication:** Rapid response communication, structured handoff, escalation
- **Health Records:** Electronic health records, nursing documentation, shift transitions
- **Research Methods:** Simulation coding, literature review, dataset quality checks
- **Clinical Education:** High fidelity simulation, reflective debriefing, faculty feedback
- **Acute Conditions:** Multisystem failure, cardiac disease, pulmonary disease

EXPERIENCE

Student Nurse Technician, Adult Inpatient Care

Lakeshore Regional Medical Center 📅 May 2025 - Present 📍 Kalamazoo, MI

Support adult medical surgical and step down patients under RN direction, with emphasis on bedside safety, postoperative observation, accurate records, infection prevention, and timely escalation of changing conditions.

- Organized vital signs, mobility, hygiene, intake, output, and safety observations across assigned adult inpatient rooms.
- Reported respiratory, mental status, circulation, pain, and mobility changes promptly to licensed nurses during bedside rounds.
- Documented care activities and patient observations in **electronic health records** for clear shift transitions.
- Applied infection prevention, fall prevention, skin protection, and safe patient handling practices with postoperative adults.
- Coordinated routine bedside needs with nurses and care team members during fast paced inpatient shifts.
- Sought supervised exposure to oxygen therapy, drains, lines, nutrition support, and postoperative monitoring within scope.

