



Hadley Wolf

Resident Care Aide

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SUMMARY

Early career **Resident Care Aide** candidate with supervised practicum and behavioral health skills lab experience supporting adults with mental illness, **developmental disabilities**, and daily living needs. Training covers **person centered care**, continuous resident observation, **activities of daily living**, therapeutic communication, behavior observation, de escalation, CPR, first aid, emergency response, medical record documentation, resident checks, sharps monitoring, and treatment plan support. Practicum work included bathing, grooming, dressing, meal support, mobility routines, structured observation logs, progress notes, safety accountability records, and communication with simulated nursing and treatment teams. Academic practice reinforced dignity, confidentiality, professional boundaries, safe milieu supervision, psychosocial rehabilitation, light housekeeping, and escalation of changing conditions. Prepared for dependable PM shift service, mandatory overtime, holiday and weekend coverage, and coordinated care within institutional behavioral health settings.

EDUCATION

High School Diploma

Union High School 🎓 GPA: 4.0 📅 2025 📍 Grand Rapids, MI

Coursework: Behavioral health support, therapeutic communication, health and safety, personal care assistance

TECHNICAL SKILLS

- **Resident Care:** Person centered care, daily living support, mobility assistance
- **Behavioral Health:** Mental illness support, developmental disability support, co occurring health support
- **Observation Records:** Resident checks, location tracking, behavior logs
- **Clinical Documentation:** Progress notes, medical records, objective language
- **Safety Monitoring:** Sharps monitoring, environmental checks, accountability records
- **Therapeutic Support:** Therapeutic milieu, active treatment, psychosocial rehabilitation
- **Emergency Response:** CPR, first aid, enhanced supervision
- **Behavior Management:** De escalation, manual holds, restraint procedures
- **Personal Care:** Bathing, grooming, dressing
- **Communication:** Therapeutic communication, shift handoffs, team updates

EXPERIENCE

Resident Care Aide Practicum Student

Community Care Practicum 📅 May 2026 to September 2026 📍 Grand Rapids, MI

Completed supervised community based practicum work supporting adults with behavioral health, developmental, mobility, and daily living needs. Followed assigned care instructions, practiced respectful personal care, documented observations, and communicated changes through clinical training channels. PM shift simulations reinforced safety awareness, accountability, emergency response, and coordinated support.

- Supported **bathing, grooming**, dressing, meals, and mobility routines through dignity preserving care techniques.
- Recorded resident location, behavior, safety status, and activities in structured observation logs for review.
- Used therapeutic **communication** and de escalation during behavioral scenarios, then requested higher level support.
- Prepared progress notes, **resident checks**, and safety records using objective language and confidentiality standards.
- Completed **CPR** and emergency simulations with enhanced observation, safe positioning, and post event documentation.

STRENGTHS

- ♥️ **Calm behavioral support**
During escalating scenarios, used steady communication and clear boundaries. Instructors recognized calm requests for higher level support.
- 👁️ **Observation discipline**
Structured logs captured location, behavior, safety, and activity changes. That habit helped instructors trust handoff information.
- 👤 **Dignity in daily care**
Bathing, grooming, dressing, meals, and mobility practice centered resident choice. Respectful routines encouraged greater independence.
- ♥️ **Safety accountability**
Resident checks, sharps monitoring, and environmental scans became dependable habits. Small checks supported a safer simulated unit.
- 💬 **Team communication**
Concise updates connected observations with treatment needs. Peers often sought help organizing clear shift handoff notes.

SKILLS

Person centered care

Resident observation

Activities of daily living

Therapeutic milieu

Psychosocial rehabilitation

Behavior observation

De escalation CPR

Emergency response

Resident checks

Sharps monitoring

Medical record documentation

Treatment plan support

Therapeutic communication

Confidentiality

LANGUAGES

English Native

Spanish Intermediate

MY CAREER

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MONTHS

- Reported changing conditions through practicum communication channels, supporting coordinated **treatment team** decisions.

Resident Care Aide Simulation Trainee

Behavioral Health Skills Lab 📅 January 2026 to April 2026 📍 Grand Rapids, MI

Completed supervised academic training built around inpatient resident care scenarios involving mental illness, developmental disabilities, and physical health support needs. Practiced therapeutic milieu supervision, **psychosocial rehabilitation**, behavioral documentation, emergency procedures, environmental safety, and simulated shift handoffs. Evening lab work reflected PM shift priorities and coordinated team response.

- Guided simulated resident engagement through **therapeutic milieu** activities and individualized daily routines.
- Recorded behavioral observations and delivered concise status updates during simulated **treatment team** handoffs.
- Rehearsed de escalation, manual hold awareness, restraint review, seclusion review, and **enhanced supervision**.
- Checked simulated resident areas for sharps, trip hazards, housekeeping needs, and safety concerns.
- Practiced **medical record** documentation, resident checks, and accountability records during evening shift exercises.
- Supported instructor led scenarios involving **mental illness**, developmental disabilities, and common physical health needs.

PROJECTS

Person Centered Support Simulation 📅 2026

A difficult behavior scenario became a practice in patience, boundaries, and teamwork. Built a supervised care simulation connecting therapeutic communication, daily living support, observation, de escalation, and objective documentation.

Resident Safety Accountability Practice 📅 2026

Small details mattered during evening practice. Created a supervised workflow for resident checks, location awareness, sharps monitoring, environmental safety, escalation, and communication with professional team members.

LEADERSHIP & AWARDS

- Community Care Practicum Recognition for Professional Conduct, 2026
- Behavioral Health Skills Lab Certificate of Achievement, 2026
- Peer Practice Coordinator, Community Care Practicum Study Group, 2026

CERTIFICATIONS

- CPR and Basic First Aid Training 📅 2026
- Foundations of Person Centered Behavioral Health Support 📅 2026

PROFESSIONAL AFFILIATIONS

- Volunteer, Community Wellness Support Events, 2026
- Peer Practice Coordinator, Community Care Practicum Study Group, 2026

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST