

Katarzyna Chen

Registered Nurse, Wound Care Treatment

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STRENGTHS

- 🔍 **Focused Assessment**
A new skin change receives careful review, clear documentation, and timely communication so treatment decisions stay grounded.
- ✅ **Treatment Follow Through**
Ordered wound care stays organized across shifts. Staff often relied on clear updates when healing plans changed.
- 👥 **Care Planning**
Connected wound goals with mobility, nutrition, comfort, and pressure relief so plans reflected each resident's needs.
- ♥️ **Infection Prevention**
Consistent technique and resident monitoring helped protect vulnerable skin, with practical reminders shared during daily care.
- ♥️ **Resident Education**
Plain explanations helped residents and families recognize warning signs and participate more confidently in healing routines.

SKILLS

Skilled nursing Wound care

Skin assessment

Pressure injury prevention

Injury management

Treatment procedures

Resident care plans

Long term care nursing

Infection prevention

Wound healing monitoring

Interdisciplinary coordination

Physician communication

SUMMARY

Registered Nurse with four years of skilled nursing and post acute care experience, including focused wound assessment, skin integrity management, injury care, **prescribed treatment procedures**, and resident care planning. Holds an active **California Registered Nurse license**, current **American Heart Association** Basic Life Support for Healthcare Providers certification, Wound Care Certification, and a **Bachelor of Science in Nursing**. Evaluates pressure injuries and other skin conditions, documents clinically significant findings, monitors treatment response, and communicates changes promptly with physicians and interdisciplinary care partners. Coordinates nursing, rehabilitation, dietary, and family input around mobility, nutrition, pressure relief, infection prevention, comfort, and healing goals. Supports consistent shift handoffs, resident education, family communication, and quality focused long term care that protects dignity and quality of life.

EXPERIENCE

Wound Care Registered Nurse

Oak Valley Post Acute Care 📅 January 2025 - Present 📍 Roseville, CA

Owns wound and **skin integrity** care for **skilled nursing** residents, translating focused assessments into treatment plans, care plan updates, staff education, and coordinated follow through with physicians and interdisciplinary partners.

- Completed focused skin assessments and converted findings into individualized treatment plans.
- Performed ordered wound treatments, monitoring drainage, pain, tissue appearance, and healing progress.
- Led care plan updates with nursing, rehabilitation, dietary, and medical partners.
- Tracked pressure injury risks and reinforced repositioning, support surfaces, and moisture management.
- Reassessed **treatment response** and coordinated revised orders when wounds stalled or conditions changed.
- Educated residents, families, and staff about treatments, warning signs, and skin protection.

Registered Nurse

Golden State Rehabilitation Center 📅 September 2022 - December 2024 📍 Citrus Heights, CA

Delivered nursing care for short term rehabilitation and long term residents with complex needs, integrating skin surveillance, prescribed treatments, infection prevention, documentation, and interdisciplinary communication into daily care.

- Integrated skin surveillance into head to toe assessments for complex residents.
- Identified redness, breakdown, injuries, and wound changes during resident rounds.
- Completed prescribed dressings and skin treatments using **infection prevention** practices.
- Coordinated **physicians**, nursing assistants, rehabilitation, dietary staff, families, and resident goals.
- Maintained treatment records and care plan documentation for reliable shift handoffs.
- Taught pressure relief, nutrition, hydration, skin observation, and reporting expectations.

Registered Nurse

Harbor Point Transitional Care 📅 October 2021 - August 2022 📍 Sacramento, CA

Provided post acute RN care while building strong clinical foundations in **skin assessment**, wound observation, treatment procedures, medication administration, documentation, and coordination with experienced nursing leaders.

- Completed admission and shift assessments identifying wounds and skin risks.
- Performed ordered dressing changes using clean or aseptic technique as indicated.
- Reported infection signs, pain changes, deterioration, and treatment concerns to physicians.
- Integrated repositioning, continence care, nutrition, and mobility into daily nursing plans.
- Built handoff practices connecting observations, orders, preferences, and treatment priorities.

Resident education

Clinical documentation BLS

LANGUAGES

English Native

Mandarin Chinese Intermediate

MY CAREER



● Wound Care Registered Nurse at Oak Valley Post Acute Care (1.7 Years)

● Registered Nurse at Golden State Rehabilitation Center (2.2 Years)

● Registered Nurse at Harbor Point Transitional Care (10 Months)

- Documented resident responses clearly for interdisciplinary review and next shift continuity.

PROJECTS

Skin Integrity Care Planning Initiative 📅 2025

Created a coordinated workflow linking wound assessments, treatment response, mobility, nutrition, pressure relief, and interdisciplinary care planning for skilled nursing residents.

Post Acute Wound Monitoring Program 📅 2024

Strengthened shift communication around wound status, prescribed dressings, infection prevention, resident education, and timely escalation of clinically significant changes.

LEADERSHIP & AWARDS

- Recognized by nursing peers for dependable wound care follow through and clear clinical communication.
- Selected as a trusted resource for skin integrity education, treatment documentation, and resident teaching.
- Provided steady clinical leadership during interdisciplinary care planning and complex resident follow up.

EDUCATION

Bachelor of Science in Nursing

California State University, Sacramento 🎓 GPA: 4.0 📅 2021 📍 Sacramento, CA

Coursework: Adult health nursing, pharmacology, community health nursing, clinical assessment

CERTIFICATIONS

- California Registered Nurse License 📅 2021
- American Heart Association Basic Life Support for Healthcare Providers 📅 2025
- Wound Care Certification 📅 2025

TECHNICAL SKILLS

- **Wound Care:** Wound assessment, dressing changes, treatment response
- **Skin Integrity:** Pressure injury prevention, skin surveillance, moisture management
- **Skilled Nursing:** Long term care, post acute care, resident monitoring
- **Clinical Assessment:** Head to toe assessment, injury assessment, pain assessment
- **Care Planning:** Resident care plans, treatment goals, interdisciplinary planning
- **Infection Prevention:** Aseptic technique, clean technique, infection monitoring
- **Treatment Procedures:** Ordered treatments, wound treatments, injury care
- **Clinical Documentation:** Treatment records, progress documentation, shift handoffs
- **Clinical Communication:** Physician communication, family education, staff education
- **Interdisciplinary Care:** Nursing, rehabilitation, dietary services
- **Licensure:** California RN license, Registered Nurse scope, facility practice
- **Emergency Credentials:** AHA BLS, ACLS, PALS
- **Resident Support:** Pressure relief, repositioning, continence care
- **Healing Support:** Nutrition support, hydration, mobility
- **Quality of Life:** Resident dignity, comfort, family involvement

PROFESSIONAL AFFILIATIONS

- American Heart Association, Healthcare Provider education and continuing clinical learning.
- California nursing community, focused on skilled nursing, wound care, and resident centered practice.

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST