



# Autumn Richards

## Clinical Social Work Supervisor, Clinical Supervision

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### STRENGTHS



#### Clinical Supervision

Performance plans became practical coaching tools, helping clinicians clarify expectations and build confidence during difficult cases.



#### High Acuity Care

In locked settings, calm clinical judgment supported safer groups, clearer decisions, and stronger treatment team communication.



#### Quality Auditing

Chart and group reviews turned recurring documentation gaps into focused corrective plans that teams could act on.



#### Forensic Practice

Forensic cases required patience and precision, with behavioral observations translated into useful stabilization recommendations.



#### Team Mediation

When disciplines disagreed, structured consultation helped return discussion to patient needs and workable clinical decisions.

### SKILLS

Clinical Supervision

High Acuity Care

Forensic Mental Health

Psychotherapy Psychoeducation

Trauma Informed Care

CMS Compliance

### SUMMARY

Licensed Clinical Social Worker with 10 years of **behavioral health** experience, including more than six years in locked, **high acuity inpatient** settings and four years providing formal clinical supervision. Leads multidisciplinary teams serving adults with **severe and persistent mental illness**, cognitive impairment, complex medical needs, substance use concerns, and civil or forensic legal statuses. Manages hiring input, performance planning, competency assessment, corrective action, clinical assignments, and staff development. Conducts chart, schedule, and group audits supporting CMS, Joint Commission, and active treatment compliance. Facilitates high acuity psychotherapy and psychoeducation through evidence based, trauma informed practice. Provides liaison oversight, treatment team consultation, conflict mediation, education, quality improvement, and patient safety support. Colorado LCSW licensed with current CPR and MANDT training, disciplined professional boundaries, and readiness for secure behavioral health operations.

### EXPERIENCE

#### Clinical Social Work Supervisor, High Acuity Behavioral Health

Front Range Psychiatric Center 📅 September 2022 - Present 📍 Aurora, CO

Leads formal clinical and personnel supervision for a multidisciplinary team serving adults with severe mental illness, complex medical needs, and civil or forensic legal statuses in a secure behavioral health setting.

- Led competency reviews and performance plans for clinicians serving complex civil and forensic patient populations
- Assigned clinicians by licensure, expertise, scope of practice, and hospital wide **patient acuity**
- Audited charts, schedules, and groups against CMS, **Joint Commission**, and active treatment expectations
- Created **corrective action** plans after reviewing call offs, coverage, group delivery, and clinical quality trends
- Facilitated high acuity psychotherapy and psychoeducation with evidence based **trauma informed interventions**
- Validated liaison recommendations and mediated concerns across social work, nursing, rehabilitation, and medical teams
- Delivered **consultation**, orientation, education, and **clinical training** for staff, projects, and quality committees

#### Senior Clinical Social Worker, Forensic Behavioral Health

Rocky Mountain Forensic Behavioral Services 📅 July 2019 - August 2022 📍 Denver, CO

Provided senior clinical practice and peer support for locked forensic units serving adults with severe mental illness, cognitive limitations, complex legal statuses, and high safety needs.

- Delivered individual and group psychotherapy for adults in **locked forensic** behavioral health units
- Facilitated **psychoeducation** groups for patients with cognitive limitations and complex **legal statuses**
- Translated behavioral observations into stabilization and discharge recommendations for treatment teams
- Reviewed peer documentation and group records for clarity, relevance, and professional standards
- Supported clinician competency through case consultation, observation feedback, and group demonstrations
- Maintained safety readiness through **CPR**, **MANDT**, defensive intervention training, and secure unit procedures

#### Licensed Clinical Social Worker, Inpatient Behavioral Health

Pikes Peak Behavioral Medicine 📅 June 2016 - June 2019 📍 Colorado Springs, CO

Joint Commission Standards

Chart Auditing Group Auditing

Corrective Action Planning

Clinical Liaison Oversight

Crisis Intervention

Performance Management

Multidisciplinary Practice

## LANGUAGES

English Native

Spanish Beginner

## MY CAREER



● Clinical Social Work Supervisor, High Acuity Behavioral Health at Front Range Psychiatric Center (4.1 Years)

● Senior Clinical Social Worker, Forensic Behavioral Health at Rocky Mountain Forensic Behavioral Services (3.1 Years)

● Licensed Clinical Social Worker, Inpatient Behavioral Health at Pikes Peak Behavioral Medicine (3 Years)

● Social Worker, Community Behavioral Health at Mesa Valley Community Behavioral Health (1.9 Years)

Managed inpatient **behavioral health** cases involving severe mood, psychotic, trauma related, and co occurring substance use conditions while coordinating treatment and discharge services.

- Designed evidence based **psychotherapy** and psychoeducation groups for varied clinical presentations
- Completed psychosocial assessments and treatment plans integrating risk and functional needs
- Coordinated discharge planning with nursing, psychiatry, rehabilitation, families, and community providers
- Applied trauma informed de escalation during episodes of elevated behavioral risk
- Strengthened documentation through structured review of goals, progress notes, and group records

### Social Worker, Community Behavioral Health

Mesa Valley Community Behavioral Health 📅 June 2014 - May 2016 📍 Grand Junction, CO

Provided supervised behavioral health services for adults with persistent mental illness, supporting therapeutic groups, crisis response, patient advocacy, and transitions into outpatient care.

- Provided supervised **behavioral health** services for adults with persistent mental illness
- Co facilitated therapeutic and psychoeducational groups and documented clinical response
- Coordinated community resources and follow up services during outpatient care transitions
- Prepared psychosocial documentation and case summaries for multidisciplinary review
- Applied crisis response and de escalation techniques under **clinical supervision**
- Developed communication, patient advocacy, and professional boundary skills through team practice

## PROJECTS

### Active Treatment Quality Review 📅 2025

Reviewed clinical records, schedules, and group documentation to identify compliance risks, clarify corrective actions, and support consistent active treatment delivery across multidisciplinary services.

### Secure Unit Group Practice Initiative 📅 2024

Strengthened high acuity psychotherapy and psychoeducation group practice through trauma informed methods, peer consultation, observation feedback, and clearer treatment response documentation.

## LEADERSHIP & AWARDS

- Clinical supervision and mentorship recognition for multidisciplinary behavioral health staff
- Quality improvement contributor for active treatment and clinical documentation initiatives
- Peer consultation leader supporting high acuity group practice and secure unit readiness

## EDUCATION

### Master of Social Work

University of Denver 🎓 GPA: 4.0 📅 2014 📍 Denver, CO

**Coursework:** *Clinical practice, psychotherapy, human behavior, research methods*

### Bachelor of Arts in Psychology

Colorado State University 🎓 GPA: 4.0 📅 2012 📍 Fort Collins, CO

**Coursework:** *Abnormal psychology, counseling theory, human development, social psychology*

## CERTIFICATIONS

- Licensed Clinical Social Worker, Colorado 📅 2016
- CPR Certification 📅 2026
- MANDT Training 📅 2026
- Valid Colorado Driver's License 📅 2026

## TECHNICAL SKILLS

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- **Clinical Practice:** Psychotherapy, Psychoeducation, Trauma Informed Care
- **Supervision Systems:** Competency Assessment, Performance Planning, Corrective Action
- **Compliance Standards:** CMS, Joint Commission, Active Treatment
- **Clinical Auditing:** Chart Review, Schedule Audit, Group Audit
- **Behavioral Health:** Severe Mental Illness, Cognitive Impairment, Substance Use
- **Forensic Services:** Locked Units, Civil Patients, Forensic Patients
- **Safety Training:** MANDT, CPR, Defensive Tactics
- **Team Coordination:** Treatment Teams, Clinical Liaison, Conflict Mediation
- **Documentation:** Treatment Plans, Progress Notes, Psychosocial Assessments
- **Care Transitions:** Discharge Planning, Community Referrals, Follow Up Services
- **Staff Development:** Orientation, Clinical Training, Case Consultation

## PROFESSIONAL AFFILIATIONS

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- Colorado social work professional community participant
- Behavioral health quality improvement and clinical documentation working group member
- Multidisciplinary behavioral health supervision and consultation network participant

## ADDITIONAL INFORMATION

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**Work Status** : Authorized to work in United States. No sponsorship required.

## REFERENCES

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AVAILABLE ON REQUEST