

# Mariana Mcdaniel

## Sp Unit Staff RN, ICU

📞 (626) 555-7318 ✉ mariana.mcdaniel@example.com

🌐 linkedin.com/example/marianamcdaniel 📍 Pasadena, CA 91104

### STRENGTHS



#### Clinical judgment

During changing ICU conditions, connected bedside findings with treatment response and escalated concerns before patient needs became urgent.



#### Patient education

Used plain language and teach back during discharge conversations, helping patients and families feel heard and prepared.



#### Precepting

Coached nurses, registry staff, and students at bedside, offering practical feedback that built confidence during higher acuity care.



#### Safety practice

Applied five rights, infection prevention, fall precautions, and skin protection consistently, making safe routines visible during busy shifts.



#### Team coordination

Shared timely updates with physicians and allied clinicians, strengthening trust when plans changed or escalation became necessary.

### SKILLS

Critical Care Nursing ICU

Coronary Care Nursing Process

Clinical Assessment Care Planning

Patient Safety

Medication Administration

Five Rights Delegation

Precepting

Electronic Health Records

Discharge Planning

### SUMMARY

California **Registered Nurse** with eight years of progressive acute and critical care experience, including more than five years in adult ICU and coronary care settings. Provides evidence based nursing through comprehensive assessment, individualized care planning, clinical interpretation, medication safety, and continuous evaluation of complex outcomes. Coordinates night shift care with physicians, respiratory therapists, pharmacists, case managers, patients, and families. Precepts nurses, registry staff, and students through bedside coaching, competency review, and constructive feedback. Applies infection prevention, standard precautions, fall prevention, **pressure injury prevention**, pain management, confidentiality, and accurate electronic documentation. Uses calm judgment during changing conditions, escalates concerns through **chain of command**, and supports performance improvement, patient education, discharge readiness, and resource conscious **intensive care** operations.

### EXPERIENCE

#### Senior Registered Nurse, Intensive Care Unit

Crescent Valley Hospital 📅 May 2023 - Present 📍 Pasadena, CA

Leads night shift care for high acuity adult ICU patients, coordinating clinical decisions, interdisciplinary plans, delegation, education, documentation, and escalation across complex bedside operations.

- Integrated **hemodynamic trends**, laboratory results, assessments, and treatment response during high acuity **ICU** care.
- Revised individualized plans with physicians, respiratory therapists, pharmacists, patients, and families based on changing needs.
- Delegated assignments by scope, **acuity**, and patient complexity while preserving accountability during demanding night shifts.
- Precepted nurses, registry staff, and students through bedside coaching, competency review, and structured feedback.
- Applied five rights, **standard precautions**, fall prevention, pressure injury prevention, and **infection prevention** during procedures.
- Documented assessments, interventions, education, and outcomes in **electronic health records**, escalating significant changes appropriately.

#### Registered Nurse, Coronary Care Unit

Harbor Point Medical Center 📅 January 2021 - April 2023 📍 Long Beach, CA

Managed adult cardiac and multisystem patients in a **coronary care** setting, combining clinical surveillance, discharge coordination, precepting, safety improvement, and efficient night shift organization.

- Recognized deterioration through serial assessments and **clinical data**, supporting timely intervention for cardiac patients.
- Coordinated multidisciplinary **discharge planning** by identifying barriers and reinforcing medication and symptom management instructions.
- Responded to alarms and urgent requests with structured **assessment**, communication, and escalation through clinical channels.
- Precepted nurses entering higher acuity practice, reinforcing documentation standards and safe clinical resource use.
- Contributed to improvement reviews addressing **infection prevention**, falls, pressure injuries, and nursing documentation quality.
- Organized admissions, transfers, procedures, education, and communication without avoidable **night shift** overtime.

Infection Prevention

Standard Precautions

## LANGUAGES

English Native

Spanish Intermediate

## MY CAREER



Senior Registered Nurse, Intensive Care Unit at Crescent Valley Hospital (3.4 Years)

Registered Nurse, Coronary Care Unit at Harbor Point Medical Center (2.2 Years)

Registered Nurse, Progressive Care Unit at Foothill Community Hospital (1.4 Years)

Registered Nurse, Medical Surgical Unit at San Gabriel Regional Hospital (1 Years)

## Registered Nurse, Progressive Care Unit

Foothill Community Hospital 📅 July 2019 - December 2020 📍 Glendale, CA

Delivered progressive care for medically complex adults requiring telemetry and frequent reassessment, building **critical care** readiness through patient centered **planning**, education, documentation, and referral coordination.

- Delivered **telemetry** care for medically complex adults through frequent reassessment and interpretation of clinical findings.
- Created patient centered plans from admission data, revising priorities as symptoms, mobility, pain, and treatments changed.
- Administered medications and supported procedures with verification practices and clear patient education.
- Maintained accurate timed electronic records covering assessments, interventions, notifications, education, and patient response.
- Coordinated **case management** referrals and discharge resources to address transition barriers before departure.
- Protected confidentiality, **standard precautions**, and orderly surroundings while responding respectfully to patient and family concerns.

## Registered Nurse, Medical Surgical Unit

San Gabriel Regional Hospital 📅 June 2018 - June 2019 📍 San Gabriel, CA

Managed varied adult medical surgical assignments while building core practice in prioritization, escalation, medication safety, education, electronic records, teamwork, and patient centered communication.

- Organized adult medical surgical care around clinical priority, treatment, mobility, and discharge needs.
- Escalated abnormal findings through appropriate channels and communicated concise updates to physicians and teammates.
- Reinforced **fall prevention**, skin protection, infection control, **medication safety**, and pain management at bedside.
- Used plain language and **teach back** to confirm patient and family understanding of discharge instructions.
- Supported new staff and nursing students through unit orientation and bedside guidance within defined scope.
- Built higher acuity readiness through workload prioritization, **electronic documentation**, teamwork, and respectful communication.

## PROJECTS

### Night Shift ICU Care Coordination 📅 2026

Coordinated complex adult ICU care across changing acuity, clinical data, family education, interdisciplinary consultation, escalation, and accurate electronic documentation.

### Critical Care Preceptor Program 📅 2025

Supported nurses, registry staff, and students through bedside coaching, competency review, feedback, and practical learning during intensive care operations.

## LEADERSHIP & AWARDS

- Selected as ICU Preceptor, Crescent Valley Hospital, 2024
- Unit Education Council Contributor, Crescent Valley Hospital, 2025
- Recognized by nursing peers for dependable support during high acuity night shift care

## EDUCATION

### Bachelor's Degree in Nursing

California State University, Los Angeles 🎓 GPA: 0.0 📅 2018 📍 Los Angeles, CA

**Coursework:** Critical Care Nursing, Pharmacology, Adult Health, Community Health

## CERTIFICATIONS

- California Registered Nurse License 📅 2026

- Basic Life Support, American Heart Association 📅 2026
- Advanced Cardiac Life Support 📅 2026

## TECHNICAL SKILLS

---

- **Critical Care Practice:** ICU, Coronary Care, Progressive Care
- **Nursing Process:** Assessment, Planning, Implementation
- **Patient Safety:** Five Rights, Fall Prevention, Pressure Injury Prevention
- **Infection Control:** Standard Precautions, Infection Prevention, Workplace Safety
- **Clinical Systems:** Electronic Health Records, Clinical Computer Systems, Timed Documentation
- **Cardiac Care:** Telemetry, Hemodynamic Trends, Advanced Cardiac Life Support
- **Care Coordination:** Interdisciplinary Teams, Multidisciplinary Consultation, Discharge Planning
- **Patient Education:** Teach Back, Family Education, Culturally Responsive Care
- **Leadership Practice:** Delegation, Supervision, Chain of Command
- **Performance Improvement:** Competency Validation, Process Improvement, Unit Education
- **Medication Safety:** Medication Administration, Pain Control, Procedure Safety
- **Licensure And Credentials:** California RN License, Basic Life Support, American Heart Association

## PROFESSIONAL AFFILIATIONS

---

- Crescent Valley Hospital ICU Preceptor, 2024 - Present
- Crescent Valley Hospital Unit Education Council, 2025 - Present

## ADDITIONAL INFORMATION

---

**Work Status** : Authorized to work in United States. No sponsorship required.

## REFERENCES

---

AVAILABLE ON REQUEST