

Jing Camacho

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SUMMARY

Registered Nurse with eight years of progressive acute care experience across medical surgical and telemetry settings. Provides organized, respectful nursing care through assessment, individualized planning, intervention, evaluation, education, and timely documentation. Uses **clinical data**, telemetry observations, patient responses, and basic arrhythmia recognition to identify changing needs and communicate significant findings through appropriate escalation channels. Coordinates physicians, pharmacy, case management, rehabilitation, families, and bedside teams during treatment and discharge planning. Applies **medication safety**, five rights verification, fall prevention, **pressure injury prevention**, **infection prevention**, pain control, comfort measures, standard precautions, and culturally responsive education. Prioritizes assignments, delegates within scope, precepts new nurses, supports competency validation, and contributes practical observations during quality reviews. Offers steady clinical judgment and accountable patient care across night shift hospital operations.

EXPERIENCE

Staff Registered Nurse, Medical Surgical Telemetry

February 2024 to Present

Pacific Crest Community Hospital

Oceanside, CA

Leads night shift care for adult medical surgical and telemetry patients, coordinating assessments, clinical decisions, staff assignments, education, documentation, and transitions while supporting safe outcomes.

- Integrated admission findings, **acuity**, arrhythmia observations, and clinical data into **individualized care plans**.
- Delegated bedside activities within scope, balanced workload, and maintained accountability for **patient outcomes**.
- Interpreted vital trends, telemetry findings, and treatment responses, then escalated significant changes appropriately.
- Applied **five rights** verification while preventing **falls**, pressure injuries, infections, pain, and avoidable discomfort.
- Coordinated discharge teaching, multidisciplinary input, barrier resolution, and family confirmation of medication understanding.
- Precepted newly hired nurses and supported documentation, **escalation**, education, and workflow competency.

Registered Nurse, Telemetry

June 2022 to January 2024

Coastal Valley Medical Center

Carlsbad, CA

Managed telemetry patients with varied medical conditions, revising nursing plans as outcomes changed and coordinating providers, pharmacy, case management, rehabilitation, and nursing colleagues.

- Used focused assessments and arrhythmia recognition to identify changes requiring provider review or intervention.
- Revised nursing plans around outcomes, interventions, **comfort**, **pain control**, education, and discharge readiness.
- Coordinated **physicians**, pharmacy, case management, rehabilitation, and nursing colleagues around care barriers.
- Recorded **assessments**, **interventions**, evaluations, and responses in electronic clinical records for safer handoffs.
- Precepted transitioning nurses through prioritization, escalation, medication safety, and patient centered communication.
- Contributed fall, **infection prevention**, and workflow observations during quality reviews and practice changes.

Registered Nurse, Medical Surgical

September 2020 to May 2022

Mesa Vista Hospital

Escondido, CA

Delivered adult **medical surgical** care through systematic assessment, prioritized interventions, safety checks, patient education, **electronic documentation**, and timely escalation of clinical concerns.

- Translated assessment findings into prioritized interventions and revised care plans as outcomes evolved.
- Organized medication, procedure, education, and monitoring needs using **standard precautions** and safety checks.
- Recognized deterioration through reassessment and **clinical data** review, then followed escalation pathways promptly.
- Educated patients and families about treatment, medications, symptoms, and discharge needs using culturally responsive language.
- Maintained dated electronic records covering decisions, interventions, responses, handoffs, and pending needs.
- Supported orientation by modeling communication, **confidentiality**, safe handling, alarm response, and dependable teamwork.

Registered Nurse, Acute Care

July 2018 to August 2020

South Bay Regional Hospital

National City, CA

Built acute care practice for adult patients under professional standards, strengthening assessment, medication administration, discharge coordination, safety monitoring, documentation, and team accountability.

- Used systematic assessment to identify priorities, expected outcomes, and immediate nursing interventions.
- Verified patient, indication, dose, route, timing, and response during medication and treatment administration.
- Coordinated patients, families, physicians, and ancillary services around safe **discharge preparation**.
- Monitored pain, comfort, skin integrity, mobility, and infection risks throughout each assigned shift.
- Recorded assessments and care activities in electronic health records, improving handoff clarity.
- Completed competencies and continuing education while developing prioritization, conflict resolution, and accountability.

PROJECTS

Telemetry Safety Improvement 2024

Reviewed bedside observations with colleagues and supported practical improvements involving arrhythmia recognition, escalation, documentation, and safe night shift care.

Discharge Readiness Workflow 2023

Mapped common transition barriers with the care team and strengthened education, medication review, family communication, and outpatient preparation.

LEADERSHIP & AWARDS

- Recognized by nursing peers for dependable night shift clinical resource support and clear escalation communication.
- Selected to precept newly hired nurses and support transition of staff into telemetry practice.
- Contributed bedside observations during quality reviews involving falls, infection prevention, and workflow reliability.

EDUCATION

Bachelor of Science in Nursing

2018

California State University San Marcos GPA: 0

San Marcos, CA

Coursework: Medical surgical nursing, clinical assessment, pharmacology, patient education

CERTIFICATIONS

- Registered Nurse, California, Active 2026
- Basic Life Support, American Heart Association 2026
- Basic Arrhythmia Competency Validation 2026

TECHNICAL SKILLS

- **Clinical Nursing:** Acute care nursing, medical surgical nursing, telemetry
- **Nursing Process:** Assessment, care planning, intervention
- **Patient Safety:** Five rights, fall prevention, pressure injury prevention
- **Infection Control:** Standard precautions, infection prevention, hand hygiene
- **Cardiac Monitoring:** Basic arrhythmia, telemetry, vital trends
- **Clinical Documentation:** Electronic health record, dated entries, timed entries
- **Care Transitions:** Discharge planning, barrier resolution, outpatient management
- **Patient Education:** Medication teaching, family education, culturally responsive care
- **Team Coordination:** Multidisciplinary planning, physician communication, case management
- **Clinical Leadership:** Delegation, supervision, chain of command
- **Professional Development:** Precepting, mentoring, competency validation
- **Quality Improvement:** Performance improvement, measurement, monitoring

SKILLS

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| • Acute care nursing | • Patient assessment | • Five rights | • Precepting |
| • Medical surgical nursing | • Individualized care plans | • Discharge planning | • Clinical escalation |
| • Telemetry | • Basic arrhythmia | • Patient education | • Electronic documentation |
| • Nursing process | • Medication safety | • Delegation | |

PROFESSIONAL AFFILIATIONS

- California Registered Nurse professional community, maintaining active state licensure and practice standards.
- American Heart Association learning community, maintaining current Basic Life Support certification.

LANGUAGES

- English (Native)
- Spanish (Intermediate)

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST